

AMERICAN
PSYCHIATRIC
ASSOCIATION

ANNUAL MEETING
May 14-18, 2016 • Atlanta



2016 Preliminary Information Guide

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Join the conversation: **#APAAM16**

psychiatry.org/annualmeeting

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Psychiatry: Claiming Our Future

Join your colleagues from across the U.S. and around the world for the psychiatry event of the year!

Psychiatry is changing, evolving and advancing at an incredible pace. Learning and professional growth are more important than ever. There's no better way to stay ahead of the curve than to be a part of the Annual Meeting of the American Psychiatric Association (APA).

APA represents more than 36,000 psychiatrists globally. Our member physicians work together to ensure high-quality, effective treatment for all persons with mental disorders, including substance use disorders and intellectual disabilities. While our passion and commitment will never change, topics arise daily that challenge us, inspire us or spur new thinking: What are the new models of care and how does psychiatry fit? What's the latest in research? How will we meet the needs of patients and our profession, so that we may lead professionally satisfying lives and contribute as meaningfully as we can to our communities?

Attend this year's Annual Meeting in Atlanta to get the tools and in-depth knowledge you need. The scientific program will feature a variety of innovative sessions and inspiring courses with tracks focusing on claiming psychiatry's future. The Annual Meeting is more than a convention; it is a complete experience of continual growth, engaging you as you learn from renowned experts, earn credits, build peer relationships, learn about groundbreaking science and understand new therapies and treatment options.

Who Should Attend?

The Annual Meeting is designed for all mental health professionals and advocates, including practicing, administrative and consultative psychiatrists; psychiatric researchers and educators; residents; and students. Whether you work in a private hospital, state mental health facility or private practice, APA's Annual Meeting has something to offer you.

Top Five Reasons Why You Should Attend:

1. Discover cutting-edge science and new therapies.
2. Learn from renowned leaders in science and health policy.
3. Connect with your peers and expand your professional network.
4. Earn your annual licensure CME credit at one meeting.
5. Explore the Exhibit Hall, APA Bookstore and Publishers' Book Fair.

Events at the Meeting:

- Opening Session
- Convocation of Distinguished Fellows
- APA Bookstore
- MindGames Residents Competition
- Career Fair
- Publishers' Book Fair
- International Meetings Pavilion
- Exhibits

APA's Annual Meeting by the Numbers



13,000+
Attendees



400 Scientific
Sessions



200
Exhibitors



41
Courses



Up to
40 CME*

* The APA designates this live activity for a maximum of 40 AMA PRA Category 1 Credits™.

Schedule At-A-Glance

Friday, May 13, 2016

Noon – 6:00 p.m.	Registration Open (Georgia World Congress Center and Marriott Marquis)
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Saturday, May 14, 2016

7:30 a.m. – 5:00 p.m.	Registration Open (Georgia World Congress Center and Marriott Marquis)
8:00 a.m. – 5:00 p.m.	Courses and Master Courses (Marriott Marquis)
9:00 a.m. – 4:00 p.m.	APA Central, APA JobCentral, APA Bookstore, Career Fair and Publishers' Book Fair (Georgia World Congress Center)
9:00 a.m. – 5:00 p.m.	Scientific Sessions (Georgia World Congress Center)
10:00 a.m. – 4:00 p.m.	Medical Student/Resident Competition Poster Sessions (Georgia World Congress Center)
5:30 p.m. – 7:00 p.m.	Scientific Session, Special Piano Performance by Richard Kogan (Georgia World Congress Center)
7:00 p.m. – 10:00 p.m.	American Psychiatric Association Foundation Benefit (Georgia Aquarium)

Sunday, May 15, 2016

7:30 a.m. – 5:00 p.m.	Registration Open (Georgia World Congress Center and Marriott Marquis)
8:00 a.m. – 4:00 p.m.	Courses and Master Courses (Marriott Marquis)
8:00 a.m. – 4:00 p.m.	Scientific Sessions (Georgia World Congress Center)
10:00 a.m. – 4:00 p.m.	Exhibits, including APA Central, APA JobCentral, APA Bookstore, Career Fair, International Meetings Pavilion, Product Theaters and Publishers' Book Fair (Georgia World Congress Center)
10:00 a.m. – 4:00 p.m.	International Poster Sessions (Georgia World Congress Center)
12:30 p.m. – 1:30 p.m.	APA Business Meeting and Forum— APA members only (Georgia World Congress Center)
4:30 p.m. – 6:45 p.m.	Opening Session and Special Lecture by Atul Gawande, M.D., M.P.H. (Georgia World Congress Center)

Schedule At-A-Glance (continued)

Monday, May 16, 2016

7:30 a.m. – 5:00 p.m.	Registration Open (Georgia World Congress Center and Marriott Marquis)
8:00 a.m. – 5:00 p.m.	Courses and Master Courses (Marriott Marquis)
9:00 a.m. – 5:00 p.m.	Scientific Sessions (Georgia World Congress Center)
10:00 a.m. – 4:00 p.m.	Exhibits, including APA Central, APA JobCentral, APA Bookstore, Career Fair, International Meetings Pavilion, Product Theaters and Publishers' Book Fair (Georgia World Congress Center)
10:00 a.m. – 4:00 p.m.	Poster Sessions (Georgia World Congress Center)
5:30 p.m. – 6:30 p.m.	Convocation of Distinguished Fellows (Georgia World Congress Center)

Tuesday, May 17, 2016

7:30 a.m. – 5:00 p.m.	Registration Open (Georgia World Congress Center and Marriott Marquis)
8:00 a.m. – 5:00 p.m.	Courses and Master Courses (Marriott Marquis)
9:00 a.m. – 5:00 p.m.	Scientific Sessions (Georgia World Congress Center)
10:00 a.m. – 4:00 p.m.	Exhibits, including APA Central, APA JobCentral, APA Bookstore, Career Fair, International Meetings Pavilion, Product Theaters and Publishers' Book Fair (Georgia World Congress Center)
10:00 a.m. – 4:00 p.m.	Poster Sessions (Georgia World Congress Center)
5:15 p.m. – 6:15 p.m.	Mind Games (Georgia World Congress Center)

Wednesday, May 18, 2016

7:30 a.m. – 5:00 p.m.	Registration Open (Georgia World Congress Center)
9:00 a.m. – 5:00 p.m.	Scientific Sessions (Georgia World Congress Center)

General Information

APA Annual Meeting on Demand

Special Discounts Available for APA Meeting Attendees.

Select the Gold Registration package when you register for the meeting, which includes APA Annual Meeting on Demand.

Features Include:

- ▶ Convenient online access to the meeting on Demand library with approximately 300 hours of content
- ▶ Media player with enhanced browse and search capabilities
 - Search any word on the slides and immediately navigate to that part of the presentation
 - Bookmark favorite presentations
 - View most watched and most liked presentations
- ▶ Compact USB drive for offline access
- ▶ Downloadable MP3 files for convenient on-the-go audio
- ▶ Continuing Medical Education (CME) available

APA JobCentral

Visit the APA JobCentral booth located in APA Central in the Exhibit Hall. A representative will be available to demonstrate JobCentral's user-friendly system, as well as assist you in posting your available position or resume. Using the Event Connection tool, candidates and employers can flag their resume and/or posting to show attendance at this year's meeting. For more information, visit APA JobCentral online at jobs.psychiatry.org.

APA Central

Visit the APA Central booth in the Exhibit Hall and discover the value of APA membership and the many benefits and programs APA has to offer, including APA Foundation, advocacy and practice management resources. If you are not already a member, we invite you to join the APA through the rebate program, saving you money on dues.

APA Foundation Benefit

Saturday, May 16

7:00 p.m. – 10:00 p.m.

Spend an evening with some of the biggest names in psychiatry and fish in the sea! The American Psychiatric Association Foundation will host its annual benefit event at the Georgia Aquarium. Be transported to an underwater world as you dine alongside beluga whales, whale sharks and other sea life, viewing their splendor from the largest aquarium windows in North America. Tickets sales begin January 4, 2016. Please visit apafdn.org for more information.

APA News Room

This room is for the use of registered and credentialed press and registered public relations representatives only. Press registration will open in February 2016. To register as media, contact Erin Connors at econnors@psych.org.



General Information (continued)

APA Bookstore

Georgia World Congress Center
Exhibit Hall B3, Building B, Level 1

Saturday, May 14 9:00 a.m. – 4:00 p.m.
Sunday, May 15 – Tuesday, May 17 10:00 a.m. – 4:00 p.m.

Stop by the APA Bookstore to see the latest books, journals and online content. You'll find new, bestselling titles and classical references on every area of psychiatry, including the DSM-5. APA members can take advantage of 20% member discounts, and APA Resident-Fellow members receive a 25% discount on all book purchases.

Exhibits

Georgia World Congress Center
Exhibit Hall B3/B4, Building B, Level 1

Saturday, May 14 9:00 a.m. – 4:00 p.m.

APA Central, APA Bookstore, APA JobCentral, Career Fair and Publishers' Book Fair. (Commercial Exhibits, International Meetings Pavilion and Product Theaters not open on Saturday.)

Sunday, May 15–Tuesday, May 17 10:00 a.m. – 4:00 p.m.

Commercial Exhibits, International Meetings Pavilion and Product Theaters open Sunday – Tuesday (including APA Central, APA Bookstore, APA JobCentral, Career Fair and Publishers' Book Fair).

Explore the **Exhibit Hall** to learn what's new in psychiatry products and services. View the latest developments in treatment technologies, training and career opportunities, as well as treatment options. Browse APA Publishing products and those of other publishers. Product Theaters and New Research Poster Sessions can also be found in the Exhibit Hall.

APA Cafés are located in the Exhibit Hall. Access free Wi-Fi and charging stations while you enjoy coffee and refreshments and network with colleagues. Paid attendees receive one \$10 food voucher for use in all Exhibit Hall food courts during daily exhibit hours.

Meeting Locations

Scientific program sessions will be held in the Georgia World Congress Center.

Georgia World Congress Center

- APA JobCentral
- APA Central
- APA Bookstore
- Assembly
- Board of Trustees Meeting
- Business Meeting
- CME Certificate of Attendance
- Convocation of Distinguished Fellows
- Exhibits
- New Research Poster Sessions
- Media Workshops (Scientific Session)
- Opening Session
- Product Theaters
- Publishers' Book Fair
- Registration

Marriott Marquis

- Allied Group Meetings
- Courses
- Registration

Hilton Atlanta

- Allied Group Meetings

Hilton Garden Inn

- Allied Group Meetings
- PSYCHSIGN

Omni

- Allied Group Meetings
- APA Component Meetings
- Research Colloquium

Ritz Carlton

- Allied Group Meetings

Westin

- Allied Group Meetings

General Information (continued)

MindGames

Georgia World Congress Center

Remember College Bowl? Are you a Jeopardy fan?

MindGames is the APA's national residency team competition.

This competition is a fun, educational challenge on patient care and medical knowledge for residents. Come cheer on your resident team and see who takes home the national trophy.

Shuttle Bus Routes

The Georgia World Congress Center will serve as the hub for all shuttle bus routes. See page 60 for daily schedule and shuttle bus routes.

Special Services

If you have a disability and require special materials or services during the meeting, please email sdumey@psych.org by April 8, 2016.

Sunshine Act

Some of APA's events (including accredited CME), and some refreshments at APA events, are sponsored by pharmaceutical or medical device companies. Participation in these events/food offerings may be reportable under the Physician Payment Sunshine Act, and APA will utilize proper signage outside of all such events/food offerings notifying participants of the potential for reporting.

Recording Policy

Audio recording is permitted only for personal use. Registrants are welcome to use their own small, portable audio recorders to record any session, unless prohibited by the presenters. Larger professional recorders are not

permitted except for use by registered members of the working press in accordance with APA press policies. Media will be identified with appropriate badges, and approved equipment will be identified with APA newsroom stickers. APA has authorized a professional recording firm, which will be clearly identified, to record sessions. Registrants are not permitted to photograph or video record any session, as the intrusive nature of recording may be disruptive. This includes photographs taken with cell phone cameras.

Therapeutic Updates

In an effort to provide more opportunities for physicians attending APA meetings to benefit from industry information, APA is offering special Therapeutic Updates developed by industry to be offered in conjunction with APA meetings. These programs include informational activities and focus groups. These programs are considered informational programs and are not promotional in nature, including materials or handouts. Therapeutic Updates developed by industry are offered after the scientific program is completed for the day and are scheduled by APA at meeting hotels, for meeting registrants only. Activities are reviewed by the American Psychiatric Association Foundation staff.

APA does not provide or permit CME credit for Therapeutic Updates as they are not part of the scientific program.

All APA programs are in compliance with the AMA's Ethical Opinion on Gifts to Physicians from Industry.

Product Theaters

The sessions will take place in a separate theater area built in the Exhibit Hall. There will be a total of twelve, 60-minute promotional product presentation sessions available. Sessions will seat 250 participants in a theater-like setting in the Exhibit Hall.



Program Format Descriptions

Advances in Series

These sessions are intended to highlight important new advances occurring in the field of psychiatry involving selected disorders or treatments. Some of these sessions are chaired by editors of recent textbooks published by American Psychiatric Association Publishing (APAP) and feature selected chapter authors from these texts. The books discussed at these sessions may be purchased onsite and online at the APA Bookstore

Advances in Research

This session is presented by leading clinical researchers who will present the latest developments in research.

Advances in Medicine

These include sessions designed to provide psychiatrists with the latest in clinical developments in other areas of medicine. The intent is to give participants an update from a physician in a particular specialty. These sessions will help participants keep pace with the rapidly expanding knowledge base and technology in various branches of medicine.

Case Conferences

During these 90-minute sessions, clinical material is presented by videotape or the treating therapist. One or more experts then discuss the case. These sessions are open to APA members only.

Courses

Courses are designed to emphasize learning experiences that actively involve participants and include the opportunity for informal exchange with the faculty. Offered in four-hour (half-day), six-hour (full-day) and eight-hour (full-day) sessions, courses either review basic concepts in a special subject area or present advanced material on a circumscribed topic. Participants must purchase tickets to attend.

FOCUS Live

These 90-minute sessions allow participants to test their knowledge using an interactive Audience Response System (ARS), offering a new and entertaining way to learn. ARS sessions can make a group of 300 feel like they are having a small-group consultation with an expert clinician. Experts, who served as guest editors of *FOCUS*, will lead lively multiple-choice question-based discussions, and the audience will enter their answers with hand-held devices. Results are instantly tallied and projected on the screen

Forums

Forums are flexible 90-minute to two-hour presentations that afford an opportunity to highlight and select timely topics that are of interest to psychiatrists. Speakers and panel members are chosen for their expertise and leadership in the field.

Interactive Sessions

(Includes sessions formerly known as discussion groups, roundtable discussion groups, research consultations and master educator consultations.) This 90-minute format allows small groups to meet informally with selected experts in psychiatry to discuss topics chosen by the expert to obtain consultations around problems in research from senior researchers or to use clinical material offered by the participants and hear clinically-based seminars presented by outstanding educators. Some of these are reserved for residents only. These sessions are limited to a set number of attendees on a first-come, first-served basis.

Lectures

Lectures feature a small number of distinguished speakers discussing scientific and cultural topics, many of which will extend our understanding beyond the usual limits of clinical psychiatry. The Scientific Program Committee invites the lecturers.

Award lectures are selected by the various APA Award Boards.

Program Format Descriptions (continued)

Poster Sessions

This format allows for presentations of very recent findings. Posters are visual, self-explanatory presentations offered in four categories: International, Medical Student and Resident Competition, New Research, and Young Investigators' New Research.

Scientific and Clinical Reports Sessions

Scientific and Clinical Reports are oral presentations of papers prepared for submission before publication. In this 90-minute format, reports are grouped by topic, with discussion from the audience following the presentation of each paper. There is no formal discussant.

Seminars

A format allowing for in-depth teaching and learning related to "niche" topics or covering issues that represent a service to the profession (e.g., impaired physician programs, patient suicide, etc.). It is also a venue for testing the feasibility of new courses by offering the content free for the first year.

Symposia

Symposia are three-hour sessions consisting of four to six presentations that are thematically linked and focus on a specific topic relevant to clinical psychiatry. They are designed to provide comprehensive treatment of a topic or discussion of the topic from several points of view by the participants and stimulate discussion with the audience.

Workshops

Workshops are 90-minute sessions that typically involve brief presentations from individual panel members, followed by the opportunity for lively and informative discussion. This format provides for substantial audience participation and is highly interactive.

Media Workshops are three-hour sessions held Saturday – Wednesday, in which a feature-length film is shown and discussed.



Continuing Medical Education

Accreditation

The American Psychiatric Association (APA) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide CME for physicians.

The APA designates this live activity for a maximum of *40 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The overall scientific program provides a broad range of presentations, which include courses and master courses, lectures, scientific and clinical reports, seminars, symposia, and workshops, plus many other sessions. For further information, please refer to the preliminary Program Schedule listed in this guide and review the CME information in the final *Program Guide* on site. A more detailed program will be printed in the February 19, 2016, issue of *Psychiatric News*.

All registrant categories are eligible for education credits.

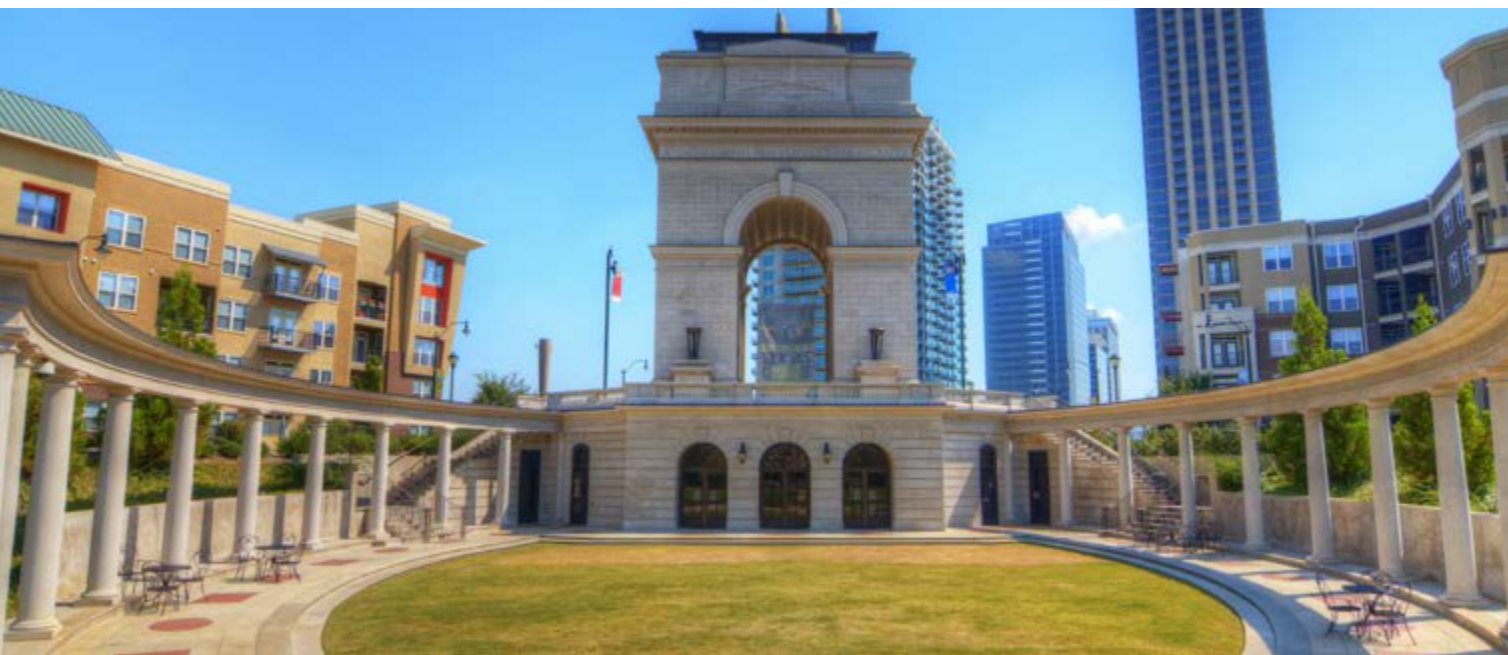
CME Evaluation

Participants will be given the opportunity to evaluate and provide feedback on the quality and value of their learning experience. Course directors and program planners will use this information for future activities. CME credit for APA members completing the evaluation will be recorded at psychiatry.org and transferred to the ABPN Physician Folio in August 2016.

Educational Objectives

By participating in this meeting, you will:

- ▶ Describe new research findings in psychiatry and neuroscience and how they may impact practice.
- ▶ Apply quality improvement strategies to improve clinical care.
- ▶ Provide culturally competent care for diverse populations.
- ▶ Describe the utility of psychotherapeutic and pharmacological treatment options.
- ▶ Integrate knowledge of current psychiatry into discussions with patients.
- ▶ Identify barriers to care, including health service delivery issues.



Course Introduction

The American Psychiatric Association (APA) Scientific Program Committee for the Annual Meeting works in collaboration with the Department of Continuing Medical Education to develop quality education programs at the Annual Meeting. One aspect of this effort has been the development of short courses covering a single topic in depth and detail. Attendance is limited to allow participants greater opportunities for active participation.

Each of the courses described in this catalog was reviewed by the Scientific Program Committee and is judged to be of high educational quality. Each course also meets the requirements for *AMA PRA Category 1 Credits™*.

Courses provide an excellent opportunity for learning the essential skills of the psychiatric profession. They equip the participant with knowledge and practical skills to meet the challenges of his or her daily practice. Courses are designed for their educational content and accepted for the quality of their presentation, which provides for direct participant/faculty interaction in a small-group setting.

Master Courses

These in-depth courses are designed to broaden and enhance your professional skills and knowledge in special areas and include applicable publications from American Psychiatric Association Publishing.

Course Materials and Certificates

Attendees who register in advance will be sent a link to access and download the course materials prior to the meeting. At the conclusion of the course, and upon completion of an online evaluation, course attendees will receive a certificate specific to the course attended.

Enrollment

Because most of the spaces in the courses fill quite early, you are encouraged to enroll in advance to ensure the availability of space in the course(s) of your choice. Course spaces cannot be reserved; you must purchase a ticket. The maximum number of participants for each course is stated in the description, as well as the date, time, location and fee. The subcommittee on courses has endeavored to

develop a balanced course program to cover all aspects of psychiatry so that courses will be available to participants regardless of their specific interests. The courses have been scheduled throughout the meeting to minimize conflicts with other program offerings.

Please be advised that children are not permitted to attend courses with their parent(s).

Fees

Most courses require an additional fee. Please see course listings for rates. Specific fees are listed with each course description. Please take time to ensure that the proper fees for both registration and your course selection(s) are enclosed when filling out the registration form that includes course enrollment. Although registration fees are waived in some cases.

Pre-Enrollment

- ▶ Pre-enrollment for courses is open to ALL Annual Meeting registrants.
- ▶ The maximum number of participants for each course is stated in the description, as well as the date, time, location and fee.
- ▶ To enroll in a course, please visit the meeting registration site.
- ▶ Course spaces cannot be reserved; you must purchase a ticket.

Master Course Listings

SATURDAY, MAY 14, 2016

Update on Pediatric Psychopharmacology

Topic: Psychopharmacology

Director: Christopher Kratochvil, M.D.

Master Course Code: M6211

Educational Objectives: 1) Demonstrate knowledge of current clinical guidelines for the use of pharmacotherapy in pediatric psychiatric disorders; 2) Identify practical clinical knowledge gained in the use of psychopharmacology and management of adverse effects; and 3) Utilize recent research on pharmacotherapy in common psychiatric disorders of childhood.

Description: The primary objective of this course is to provide practical information to clinicians on the use of psychotropic medications in the treatment of children and adolescents in their practices. Methods: This course will provide an overview and discussion of recent data in pediatric psychopharmacology, with a focus on mood disorders, attention-deficit/hyperactivity disorder, anxiety disorders and autism spectrum disorders. The role of pharmacotherapy in the treatment of these disorders will be addressed, as will practical clinical aspects of using psychotropic medications in the treatment of children and adolescents. Management of adverse effects will be reviewed as well. Awareness of recent research data will help to facilitate an understanding of the basis for current clinical guidelines for the treatment of these psychiatric disorders. Clinically relevant research will be reviewed, within the context of clinical treatment. Conclusion: Awareness of recent research and practice parameters on the use of pediatric psychopharmacology, and the application of this information to clinical practice, can inform and positively impact patient care.

Course Level: Intermediate

9:00 a.m. - 4:00 p.m. | 6 Hours

Marriott Marquis

Member Early Bird: \$365 | Advance: \$395 | On Site: \$425

Nonmember Early Bird: \$465 | Advance: \$495 | On Site: \$525

Spaces Available: 175 | Code: M6211

SUNDAY, MAY 15, 2016

Assessment and Treatment of Eating Disorders

Topic: Feeding and Eating Disorders

Director: B. Timothy Walsh, M.D.

Master Course Code: M6213

Educational Objectives: 1) Demonstrate knowledge of the diagnosis of feeding and eating disorders using DSM-5 criteria, including the use of the Eating Disorder Assessment for DSM-5 (EDA-5) app; 2) Identify issues unique to special populations with eating problems, including children and adolescents, males, and culturally diverse samples; and 3) Learn available treatment options for individuals with feeding and eating disorders, including evidence-based psychotherapies and pharmacotherapies.

Description: This course aims to provide clinicians with an overview of the identification, assessment, and treatment of feeding and eating disorders, using DSM-5 criteria. The course will begin with a review of the DSM-5 diagnostic criteria for feeding and eating disorders and will introduce a new electronic app that can be used to guide assessment for these conditions. We will review in detail treatment options, including evidence-based psychotherapies and pharmacotherapies. The assessment and treatment of special populations will be emphasized, including children and adolescents, males, and individuals who are overweight or obese. Additionally, guidelines for culturally sensitive assessment of feeding and eating disorders will be provided. The course will conclude with an interactive, case-based discussion that will incorporate core principles reviewed in the course.

Course Level: Basic

9:00 a.m. - 4:00 p.m. | 6 Hours

Marriott Marquis

Member Early Bird: \$365 | Advance: \$395 | On Site: \$425

Nonmember Early Bird: \$465 | Advance: \$495 | On Site: \$525

Spaces Available: 150 | Code: M6213

Master Course Listings (continued)

Advances in Treatment of Bipolar Disorder

Topic: Bipolar and Related Disorders

Director: Terence Ketter, M.D.

Master Course Code: M6209

Educational Objectives: 1) Quantify benefits and harms of different treatment options for bipolar disorder; 2) Provide evidence-based, state-of-the-art treatment, balancing benefits and harms, for individual patients with bipolar disorders across all phases of the illness; and 3) Personalize treatment for individuals with bipolar disorder, accounting for special considerations in children and adolescents, women, and older adults.

Description: Treatment of bipolar disorders is rapidly evolving. DSM-5, new FDA approvals and clinical studies have raised important new diagnostic and therapeutic issues related to bipolar disorders, including diagnosis and treatment of bipolar depression (including bipolar mixed depression), approaches to antidepressant-induced mood elevation, and diagnosis and treatment of mood and behavioral problems in special populations of bipolar disorder patients, including children and adolescents, women, and older adults. Current FDA-approved bipolar disorder treatments in adults prominently include mood stabilizers (lithium, divalproex, carbamazepine and lamotrigine) and second-generation antipsychotics (olanzapine, risperidone, quetiapine, ziprasidone, aripiprazole, asenapine, lurasidone and cariprazine) that have robust evidence supporting their differential efficacy across bipolar illness phases and varying (and at times challenging) adverse effect profiles. In contrast, although generally providing adequate somatic tolerability and commonly prescribed in bipolar depression, antidepressants lack compelling evidence of efficacy for this problem. There is currently increasing appreciation of the need for evidence-based, personalized care. Quantitative (numerical) as opposed to qualitative (non-numerical) approaches have the potential to yield more reproducible outcomes. Number needed to treat (NNT) is a quantitative measure of the potential benefit representing how many patients need to be treated to expect one more favorable outcome (i.e., a therapeutic benefit likelihood metric). Number needed to harm (NNH) is an analogously-defined potential therapeutic harm (i.e., side effect risk) likelihood metric. This course includes presentations of therapeutic advances as well as NNT and NNH analyses of approved pharmacotherapies for various phases (acute mania, acute depression and maintenance) of bipolar disorder to facilitate assessments of risks and benefits of treatments in individual patients. Taken together, the information in this course is hoped to facilitate clinicians' efforts to translate the latest advances in research into evidence-based, personalized, state-of-the-art care for patients with bipolar disorder.

Course Level: Intermediate

9:00 a.m. – 4:00 p.m. | 6 Hours

Marriott Marquis

Member Early Bird: \$365 | **Advance:** \$395 | **On Site:** \$425

Nonmember Early Bird: \$465 | **Advance:** \$495 | **On Site:** \$525

Spaces Available: 150 | **Code:** M6209

MONDAY, MAY 16, 2016

2016 Psychiatry Review

Topic: Psychopharmacology

Director: Robert Boland, M.D.

Master Course Code: M6210

Educational Objectives: 1) Identify gaps in knowledge in psychiatry and neurology as part of an exercise in lifelong learning; 2) Analyze multiple-choice questions pertinent to clinical topics; 3) Identify preparation strategies for lifelong learning; 4) Demonstrate the ability to search the clinical literature to prepare for lifelong learning; and 5) Convey a working knowledge of the various topical areas likely to be encountered during lifelong learning activities.

Description: Essential psychiatric and neurology topics will be reviewed and discussed using multiple-choice questions (MCQ). After a brief introduction covering the basic structure and format of MCQs typically used in psychiatric examinations, participants will review and answer MCQs in various formats using an audience response system. After viewing a summary of the audience responses, faculty members will lead and facilitate a review and discussion of the topic covered by the MCQs. The questions will be grouped by topic and will cover a number of core subjects in psychiatry and neurology. The clinical topics are development, diagnostic methods, psychopathology, psychiatric treatment, neurosciences and neuropsychiatry, research and literature literacy, forensics, ethics, and special topics (e.g., history, administration). Audience members will use an audience response system to respond to the multiple-choice format before correct answers and full explanations and references are provided.

Course Level: Basic

9:00 a.m. – 4:00 p.m. | 6 Hours

Marriott Marquis

Member Early Bird: \$365 | **Advance:** \$395 | **On Site:** \$425

Nonmember Early Bird: \$465 | **Advance:** \$495 | **On Site:** \$525

Spaces Available: 175 | **Code:** M6210

Master Course Listings (continued)

TUESDAY, MAY 17, 2016

Essential Psychopharmacology

Topic: Psychopharmacology

Director: Alan Schatzberg, M.D.

Master Course Code: M6212

Educational Objectives: 1) Provide an update on recent advances in psychopharmacology of major disorders; 2) Discuss in detail approaches to the treatment of autism; 3) Review recent studies on pharmacogenetics of antidepressant response; 4) Provide a rational basis for selection of medications for bipolar disorder; and 5) Discuss efficacy and side effects of antipsychotic agents.

Description: This Masters Course in Psychopharmacology will present new material on the pharmacologic treatment of major psychiatric disorders. The course will involve presentation of data, Q&A and case discussions.

Course Level: Intermediate

8:00 a.m. - 5:00 p.m. | 8 Hours

Marriott Marquis

Member Early Bird: \$365 | **Advance:** \$395 | **On Site:** \$425

Nonmember Early Bird: \$465 | **Advance:** \$495 | **On Site:** \$525

Spaces Available: 300 | **Code:** M6212



Course Listings

SATURDAY, MAY 14, 2016

Buprenorphine and Office-Based Treatment of Opioid Use Disorder

Topic: Addiction Psychiatry/Substance Use and Addictive Disorders

Director: Petros Levounis, M.D.

Course Code: C6194

Educational Objectives: 1) Understand the rationale and need for opioid pharmacotherapy in the treatment of opioid dependence, and describe buprenorphine protocols for all phases of treatment and for optimal patient treatment; 2) Understand specific information on the legislative and regulatory history of office-based opioid pharmacotherapy; 3) Understand the pharmacological characteristics of opioids and identify common comorbid conditions associated with opioid dependence; 4) Understand treatment issues and management of opioid dependence in adolescents, pregnant women, and patients with acute and/or chronic pain; and 5) Describe the resources needed to set up office-based treatment with buprenorphine for patients with opioid use disorder (OUD).

Description: Physicians who complete this course will be eligible to request a waiver to practice medication-assisted addiction therapy with buprenorphine for the treatment of opioid use disorder. The course will describe the resources needed to set up office-based treatment with buprenorphine for patients with OUD and review 1) DSM-5 criteria for OUD and the commonly accepted criteria for patients appropriate for office-based treatment of OUD; 2) confidentiality rules related to treatment of substance use disorders, DEA requirements for recordkeeping, and billing and common office procedures; 3) the epidemiology, symptoms and current treatment of anxiety, common depressive disorders and ADHD, and how to distinguish independent disorders from substance-induced psychiatric disorders; and 4) common clinical events associated with addictive behavior. Special treatment populations, including adolescents, geriatric patients, pregnant addicts, HIV-positive patients and chronic-pain patients, will be addressed, and small-group case discussions will be used to reinforce learning.

Course Level: Basic

8:00 a.m. – 5:00 p.m. | 8 Hours

Marriott Marquis

This course is offered free of charge, but seating is limited.

Spaces Available: 75 | **Code:** C6194

Cognitive Behavior Therapy for Severe Mental Disorders: Building Treatment Skills That Work

Topic: Cognitive Behavioral and Motivational Therapies

Director: Jesse Wright, M.D., Ph.D

Course Code: C6191

Educational Objectives: 1) Describe empirical evidence for the effectiveness of cognitive behavior therapy (CBT) for severe mental disorders; 2) Detail methods for developing effective anti-suicide plans with CBT; 3) Describe key strategies for using CBT to modify delusions; 4) Describe key strategies for using CBT to modify hallucinations; and 5) Detail methods for behavioral interventions for patients who are stuck in chronic and severe depression.

Description: There is growing evidence that CBT is an effective method for treating patients with chronic and severe mental disorders such as treatment-resistant depression and schizophrenia. This course helps clinicians gain CBT skills that can be added to pharmacotherapy when medication does not give adequate relief of symptoms. Common clinical problems targeted in the course include hopelessness and suicidal risk, delusions, hallucinations, and entrenched maladaptive behaviors. Course faculty, who have helped develop and test CBT methods for severe mental illness, will demonstrate key methods with role play and videos. Participants will have the opportunity to discuss the application of CBT for their own patients. Examples of skills that will be learned are developing an effective anti-suicide plan, modifying delusions with CBT, teaching patients coping methods for hallucinations, engaging difficult-to-treat patients, using creative methods for behavioral activation and enhancing treatment adherence.

Course Level: Basic

8:00 a.m. – Noon | 4 Hours

Marriott Marquis

Member Early Bird: \$165 | **Advance:** \$185 | **On Site:** \$210

Nonmember Early Bird: \$190 | **Advance:** \$210 | **On Site:** \$235

Spaces Available: 60 | **Code:** C6191

Conversion Disorder: Update on Evaluation and Management

Topic: Somatic Symptom Disorders

Director: Gaston Baslet, M.D.

Course Code: C3978

Educational Objectives: 1) Perform a clinical evaluation in patients with conversion disorder, in collaboration with a neurologist, and communicate the diagnosis in a way that

Course Listings (continued)

reinforces engagement in treatment; 2) Recommend, seek advice on or execute the most appropriate treatment plan based on the current evidence from medical literature; and 3) Understand the complexity and heterogeneity of this population, and recognize various modifiable risk factors that should be considered targets for treatment.

Description: Conversion disorder (also named Functional Neurological Symptom Disorder in DSM-5) is diagnosed in a sizable proportion of patients seen in neurological practice. Treatment as usual involves referral to a mental health professional, including psychiatrists. During the last decade, there has been increased interest in the development of treatment options for this disorder, yet clear guidelines for the management of this complex population do not exist. This course will review the role of the psychiatrist during the diagnosis and management of patients with conversion disorder. We will provide an overview of our current understanding of the risk factors and pathogenic models of this disorder. These include biological and psychosocial etiologic factors. The course will focus on practical interventions, including guidelines for a comprehensive initial psychiatric evaluation. The effective communication of the diagnosis to patients, families and collaborating providers is crucial. We will discuss the different stages of treatment, including engagement, evidence-based short-term interventions and strategies for the long-term treatment of patients suffering from conversion disorders. The course will emphasize how to collaborate with the multitude of disciplines involved in the care of these patients. This will be facilitated by including speakers from neurology and neuropsychiatry who possess a wealth of clinical experience with the evaluation and treatment of these patients. We will present illustrative cases showcasing the complexity and heterogeneity of patients with conversion disorder.

Course Level: Basic

8:00 a.m. – Noon | 4 Hours

Marriott Marquis

Member Early Bird: \$165 | **Advance:** \$185 | **On Site:** \$210
Nonmember Early Bird: \$190 | **Advance:** \$210 | **On Site:** \$235
Spaces Available: 60 | **Code:** C3978

Management of Psychiatric Disorders in Pregnant and Postpartum Women

Topic: Women's Health

Director: Shaila Misri, M.D.

Course Code: C4611

Educational Objectives: 1) Have increased awareness about mood and anxiety disorders that occur in pregnant and postpartum women; 2) Be familiar with management of Bipolar I and II Disorders in the perinatal population; and 3) Have an improved ability to manage perinatal psychiatric disorders with pharmacological and nonpharmacological treatments.

Description: This course provides a comprehensive and in-depth overview of current clinical guidelines and research updates in major depressive disorder. An updated perspective

with regard to perinatal generalized anxiety disorder, panic disorder and obsessive compulsive disorder will be presented. trauma-related disorders such as posttraumatic stress and birth-related trauma will be discussed. Bipolar I and II disorders, including treatment challenges for pregnant and postpartum women will be covered in detail. This course focuses on mother-baby attachment issues, controversy and reality in perinatal pharmacotherapy, and nonpharmacological treatments, including various types of psychotherapies, augmentation therapies, light therapy and infant massage. New findings with Mindfulness-Based Cognitive Behavior Therapies in perinatal women will be presented. This course is interactive, and the audience is encouraged to bring forward their complex patient scenarios or case vignettes for discussion. The course handouts are specifically designed to update the audience on the cutting-edge knowledge in this sub-specialty.

Course Level: Intermediate

8:00 a.m. – Noon | 4 Hours

Marriott Marquis

Member Early Bird: \$165 | **Advance:** \$185 | **On Site:** \$210
Nonmember Early Bird: \$190 | **Advance:** \$210 | **On Site:** \$235
Spaces Available: 75 | **Code:** C4611

Mood Disorders in Later Life: Achieving Accurate Diagnosis and Effective Treatment

Topic: Depressive Disorders

Director: James Ellison, M.D., M.P.H.

Course Code: C4181

Educational Objectives: 1) Describe and explain an evidence-based approach to the recognition and effective management of late life mood disorders; 2) Differentiate between the cognitive effects of normal aging, depression and dementia syndrome of depression; 3) Recognize the common and unique features of bipolar disorder in later life and understand the elements of assessment and evidence-based management; and 4) Describe psychotherapy's role in treating late life mood disorders, list evidence-based approaches and understand modifications that facilitate treatment of older adults.

Description: In light of the unprecedented growth of our aging population, clinicians need to be proficient in the diagnostic assessment and effective treatment of late life mood disorders. These debilitating syndromes are widespread and disabling among older adults, but very treatable through the use of standard and newer approaches drawing on psychosocial and somatic therapies. This course provides an interdisciplinary overview of late life mood disorders, emphasizing a biopsychosocial approach. The attendee will acquire an organized approach to assessment and a systematic and evidence-based approach to treatment planning incorporating both psychotherapeutic and somatic interventions. In addition, the attendee will learn to distinguish among the cognitive symptoms associated with mood disorders, the cognitive changes associated with normal aging, and the impairments associated with Major Neurocognitive Disorder. The discussion

Course Listings (continued)

of psychotherapy for older adults with mood disorders will review evidence-based approaches with particular emphasis on Cognitive Behavior Therapy, Interpersonal Therapy and Problem-Solving Therapy. The newly developed ENGAGE protocol will also be described. The discussion of somatic approaches will include a discussion of the syndrome of 'Vascular Depression' and describe an approach to treating resistant disorders. The faculty will lecture, using illustrative slides, and there will be ample time for interactive discussion. This course is designed primarily for general psychiatrists seeking greater understanding and expertise in treating older patients. For psychiatric residents and fellows, it will provide an advanced introduction. For geriatric psychiatrists, it will provide a review and update. It will be of greatest practical value to attendees who already possess a basic familiarity with principles of pharmacotherapy and psychotherapy.

Course Level: Intermediate

8:00 a.m. – Noon | 4 Hours

Marriott Marquis

Member Early Bird: \$165 | **Advance:** \$185 | **On Site:** \$210

Nonmember Early Bird: \$190 | **Advance:** \$210 | **On Site:** \$235

Spaces Available: 60 | **Code:** C4181

Updates in Geriatric Psychiatry

Topic: Geriatric Psychiatry

Director: Rajesh Tampi, M.D., M.S.

Course Code: C4006

Educational Objectives: 1) Discuss the epidemiology, neurobiology, assessment and management of neurocognitive disorders, and behavioral and psychological symptoms of dementia; 2) Describe the epidemiology, neurobiology, assessment and management of substance use disorders in late life; 3) Enumerate the epidemiology, neurobiology, assessment and management of mood disorders in late life; 4) Elaborate on the epidemiology, neurobiology, assessment and management of anxiety disorders in late life; and 5) Describe the epidemiology, neurobiology, assessment and management of psychotic disorders in late life.

Description: Psychiatric disorders are not uncommon in late life. Illnesses like neurocognitive disorders, behavioral and psychological symptoms of neurocognitive disorders, mood disorders, anxiety disorders, psychotic disorders, and substance use disorders are frequently encountered in older adults. The population of older adults is growing rapidly. This has led to an increase in the number of older adults with psychiatric disorders. In this course, we will review the common psychiatric disorders in late life: neurocognitive disorders, behavioral and psychological symptoms of dementias, mood disorders, anxiety disorders, psychotic disorders, and substance use disorders. We have designed this comprehensive review course for clinicians who want to gain expertise in caring for older adults with these psychiatric disorders. This course intends to be a one-stop shop for those who intend to receive the most up-to-date information on dementias, behavioral and psychological symptoms of

neurocognitive disorders, mood disorders, anxiety disorders, psychotic disorders, and substance use disorders in late life. This course will be taught by award-winning geriatric psychiatrists who have expertise in teaching courses in geriatric psychiatry.

Course Level: Basic

9:00 a.m. – 4:00 p.m. | 6 Hours

Marriott Marquis

Member Early Bird: \$225 | **Advance:** \$260 | **On Site:** \$295

Nonmember Early Bird: \$275 | **Advance:** \$310 | **On Site:** \$360

Spaces Available: 80 | **Code:** C4006

Transgender and Intersex for the Practicing Psychiatrist

Topic: Gender Dysphoria

Director: William Byne, M.D.

Course Code: C4196

Educational Objectives: 1) Define and discuss the relevant terminology, including gender dysphoria, disorders of sex development with and without somatic intersexuality, gender variance, transgender, and transsexuality; 2) Describe the components of culturally and clinically competent assessment, diagnosis and care of those with gender concerns, including those seeking hormones and/or surgery for gender transition; 3) Draw into their clinical work the relevant documents for psychiatrists, including the DSM-5, the AACAP Practice Parameter on GLBT Youth and the Standards of Care of the World Professional Association for Transgender Health; 4) Distinguish DSM-5 Gender Dysphoria from gender concerns arising as epiphenomena of other psychiatric disorders; and 5) Understand how research and society's evolving attitudes toward gender variance have influenced policies that impact access to transgender health services, including hormonal, surgical and mental health care.

Description: Transgender people are sufficiently common that even psychiatrists whose practice does not focus on gender variance encounter patients who are transitioning gender or contemplating gender transition. On the other hand, transgender and other gender-variant people are perceived to be too uncommon in the population for prioritization of their clinical needs in the curricula of medical school and psychiatric residency training programs. Individuals with somatic intersexuality are even less common and receive even less attention in education and training programs despite their and their families' often enormous needs for mental health services beginning from the time of diagnosis, which increasingly occurs prenatally. This course will provide psychiatrists and other mental health professionals with the tools needed to deliver respectful, culturally competent and up-to-date mental health care to gender-variant patients, including those with somatic intersex conditions. An emphasis will be placed on those who are, or who are contemplating, transitioning gender. While the program will provide a useful general overview and roadmap for psychiatrists and other health professionals new to treating gender-variant patients, it will also provide an update for psychiatrists, residents, medical students, nurses and clinical social workers who are already experienced in

Course Listings (continued)

working with gender-variant individuals. The following areas will be addressed: 1) The evolution of concepts of gender, gender variance and associated terminology; 2) The evolution of medical approaches to gender variance, including the changing roles of mental health professionals in transgender health care as reflected in successive versions of the World Professional Association for Transgender Health Standards of Care (WPATH SOC) and the emergence of informed consent models; 3) Common child and adolescent presentations; evaluation of gender-variant youth; assessment and management of co-existing psychopathology in minors; treatment options, including pubertal suppression; persistence and desistance of gender dysphoria of childhood; and family concerns; 4) Common adult presentations, the process of gender transition and other options for authentic gender expression, assessment and management of concurrent psychiatric illness, and stage of life concerns; 5) Mental health assessments for cross-sex hormones and gender-affirming surgery; 6) Presentations, evaluation and management of gender dysphoria in patients with somatic intersexuality; 7) Recent policy changes, including those of the Affordable Care Act, the Department of Health and Human Services, Medicare and the Veterans Health Administration, that impact access to transgender health services; and 8) Complex presentations, nonbinary gender identities and the role of the mental health professional in alternative models of treatment.

Course Level: Basic

9:00 a.m. – 4:00 p.m. | 6 Hours

Marriott Marquis

Member Early Bird: \$225 | **Advance:** \$260 | **On Site:** \$295
Nonmember Early Bird: \$275 | **Advance:** \$310 | **On Site:** \$360
Spaces Available: 60 | **Code:** C4196

Sleep Medicine: A Review and Update for Psychiatrists

Topic: Sleep-Wake Disorders

Director: Thomas Hurwitz, M.D.

Course Code: C5265

Educational Objectives: 1) Recognize the major sleep disorders that can affect patients in their practices; 2) Determine which patients should be referred to a board certified sleep physician; 3) Help patients with obstructive sleep apnea pursue therapy; 4) Determine if patients experience excessive daytime sleepiness; and 5) Facilitate use of CBT principles to treat insomnia.

Description: This course will present information about various sleep disorders important to practicing psychiatrists. The introduction will review basic principles of sleep-wake physiological regulation and a description of polysomnographic features of sleep stages. Clinical vignettes that could be seen in a psychiatric clinic will introduce presentations. Primary and comorbid insomnia will be discussed, as well as pharmacological and cognitive behavioral approaches to therapy. Willis Ekbom disease (restless legs syndrome) will be dealt with additionally. Obstructive sleep apnea, a very prevalent disorder, will be presented as a major source

of morbidity for psychiatric patients who are at additional risk because of weight gain associated with psychotropic drugs. Other hypersomnia conditions, such as narcolepsy and idiopathic hypersomnia, will be addressed to further assist participants to distinguish excessive daytime sleepiness from fatigue and apathy. Discussion of parasomnias will describe behavioral disorders of sleep that can be mistaken for nocturnal manifestations of psychiatric disorders. The course will close with a discussion of sleep disorders associated with various psychiatric disorders.

Course Level: Basic

9:00 a.m. – 4:00 p.m. | 6 Hours

Marriott Marquis

Member Early Bird: \$225 | **Advance:** \$260 | **On Site:** \$295
Nonmember Early Bird: \$275 | **Advance:** \$310 | **On Site:** \$360
Spaces Available: 100 | **Code:** C5265

Neuropsychiatric Masquerades: Medical and Neurological Disorders That Present With Psychiatric Symptoms

Topic: Psychosomatic Medicine

Director: Jose Maldonado, M.D.

Course Code: C5338

Educational Objectives: 1) Recognize the most common clues of presentation suggesting an 'organic cause' for psychiatric symptoms; 2) Understand the prevalence, epidemiology and clinical features of the most common endocrine, metabolic, infectious, autoimmune and neurological disorders masquerading as psychiatric illness; 3) Review commonly used pharmacological agents causing behavioral disturbances as common adverse effects; 4) Review diagnostic techniques and evidence-based treatment modalities to address the most common medical disorders masquerading as psychiatric illness; 5) Understand the neurobiology, diagnosis, and novel delirium and alcohol withdrawal management techniques.

Description: Psychiatric masquerades are medical and/or neurological conditions that present primarily with psychiatric or behavioral symptoms. The conditions included in this category range from metabolic disorders (e.g., Wilson's disease and porphyria), to infectious diseases (e.g., syphilis, herpes and HIV), to autoimmune disorders (e.g., SLE, MS), to malignancies (e.g., paraneoplastic syndromes and pancreatic cancer), to neurological disorders (e.g., seizure disorders, NPH, dementia and delirium). In this course, we will discuss the presentation and symptoms of the most common masquerades, focusing on pearls for timely diagnosis, and discuss potential management and treatment strategies.

Course Level: Advanced

9:00 a.m. – 4:00 p.m. | 6 Hours

Marriott Marquis

Member Early Bird: \$225 | **Advance:** \$260 | **On Site:** \$295
Nonmember Early Bird: \$275 | **Advance:** \$310 | **On Site:** \$360
Spaces Available: 100 | **Code:** C5338

Course Listings (continued)

A Psychiatrist's Guide to Patients With Severe Obesity: Assessment and Beyond

Topic: Psychosomatic Medicine

Director: Sanjeev Sockalingam, M.D.

Course Code: C4163

Educational Objectives: 1) Describe predisposing psychosocial factors to obesity and potential medical and surgical interventions; 2) Identify patient characteristics prebariatric surgery that inform patients' postsurgery psychosocial interventions; and 3) Apply pharmacology protocols and brief psychological interventions that improve psychiatric care after bariatric surgery.

Description: Psychiatrists are now considered integral to the management of severe obesity in hospital-, and community-based settings. Furthermore, bariatric surgery, an effective and growing treatment for severe obesity, has resulted in more psychiatrists involved in pre- and post-surgery patient care. Nearly 60%-70% of severely obese individuals have a history of a psychiatric illness, and treatments such as bariatric surgery may precipitate additional psychopathology, such as cross-addictive behaviors and de novo eating psychopathology. As a result, psychiatric assessment is now a requirement prior to bariatric surgery by insurers and recommended in best practice guidelines. Therefore, psychiatrists are expected to have an array of skills to manage behavioral, relational and psychiatric aspects of severe obesity management, while also having an understanding of the armamentarium of medical and surgical obesity treatment options. The following course is aimed at psychiatrists and other mental health care providers who are caring for severely obese patients. The course outline will include presentations by an interprofessional team from University of Toronto Bariatric Surgery Collaborative, a six-hospital collaborative with American College of Surgeons Level 1A certification as a Bariatric Center of Excellence. The presenters have research and clinical experience in the care of severely obese individuals, and content will be derived from previous national and international training programs for healthcare professionals. Dr. Jackson, a bariatric surgeon, will present on the North American obesity epidemic and current state of obesity management interventions available for severe obesity. Dr. Taube-Schiff will discuss the diet interventions in obesity management and bariatric surgery and neuropsychiatric sequelae of bariatric-related nutritional deficiencies. Dr. Hawa, psychiatrist and sleep medicine specialist, will provide an approach to assessing psychiatric readiness for bariatric surgery and will discuss evidence-based assessment tools. He will also provide screening tools and the impact of obstructive sleep apnea. Dr. Wnuk will focus on the differential diagnosis for eating psychopathology in severe obesity, including a discussion of DSM-5 eating disorders as they relate to bariatric patients. Dr. Sockalingam will review common postoperative complications related to bariatric surgery, including impact on mood disorders, problematic alcohol use (cross-addiction), suicide risk and body image issues. Dr. Stephanie Cassin will provide practical approaches to integrating motivational interviewing and cognitive behavioral therapy to bariatric psychosocial care of patients. Psychosocial screening tools, best practice psychiatric protocols and practical office-based psychosocial interventions

for severe obesity management will be discussed. Participants will be able to practice skills and trial assessment approaches through video cases and role play.

Course Level: Basic

1:00 p.m. – 5:00 p.m. | 4 Hours

Marriott Marquis

Member Early Bird: \$165 | **Advance:** \$185 | **On Site:** \$210

Nonmember Early Bird: \$190 | **Advance:** \$210 | **On Site:** \$235

Spaces Available: 60 | **Code:** C4163

Identifying and Helping Older Adults With Mild Neurocognitive Disorders

Topic: Neurocognitive Disorders

Director: James Ellison, M.D., M.P.H.

Course Code: C4369

Educational Objectives: 1) Describe the spectrum of cognitive changes that accompany normal aging, subjective cognitive impairment and mild neurocognitive disorder; 2) Appreciate the role that neuropsychology has played in understanding, assessing and monitoring the progression of milder forms of cognitive impairment associated with typical and pathological aging; 3) List and appreciate the value of the neuroimaging techniques that have clarified the pathology and differential diagnostic issues associated with mild neurocognitive disorders; and 4) Prepare helpful recommendations for a person with mild cognitive changes, including lifestyle factors, medical issues, physical and social activity, cognitive stimulation, and sleep hygiene.

Description: Longer survival and more effective management of chronic medical diseases means we are facing an epidemic of mild and major neurocognitive disorders among our aging population. Psychiatrists must be at the vanguard of our efforts to appreciate, evaluate and manage cognitive decline from its earliest stages and even preclinically through preventive interventions. In this course, we will focus on the spectrum of cognitive changes that range from so-called normal cognitive aging through subjective cognitive impairment to mild neurocognitive disorder. We will discuss the early detection of these conditions and review the medical factors that can impair cognition with emphasis on those that can be reversed. We will review a systematic approach to assessment including the use of input from neuropsychology and neuroimaging. New and exciting neuroimaging approaches will be described and illustrated. Finally, we will discuss the lifestyle choices that can delay or prevent cognitive decline, focusing on physical activity, cognitive stimulation, nutrition, social engagement, medical disease management and restorative sleep. The teaching will include presentations with case vignettes and interactive discussion.

Course Level: Intermediate

1:00 p.m. – 5:00 p.m. | 4 Hours

Marriott Marquis

Member Early Bird: \$165 | **Advance:** \$185 | **On Site:** \$210

Nonmember Early Bird: \$190 | **Advance:** \$210 | **On Site:** \$235

Spaces Available: 60 | **Code:** C4369

Course Listings (continued)

Melatonin and Light Treatment of SAD, Sleep and Other Body Clock Disorders

Topic: Depressive Disorders

Director: Alfred Lewy, M.D.

Course Code: C6192

Educational Objectives: 1) Use the salivary dim light melatonin onset and sleep time to phase type circadian sleep and mood disorders as to whether they are phase advanced or phase delayed; 2) Treat a patient with appropriately timed bright light exposure (evening or morning) and/or low-dose melatonin administration (morning or afternoon) using the patient's phase type; and 3) Monitor treatment response using the dim light melatonin onset (DLMO)/midsleep interval, targeting six hours.

Description: This course will enable practitioners to advise patients on how to use melatonin and bright light to treat circadian sleep and mood disorders. There are two categories for these disorders: phase advanced and phase delayed. The prototypical patient with seasonal affective disorder (SAD), or winter depression is phase delayed; however, some are phase advanced (Lewy et al., PNAS, March 9, 2006). Shift work maladaptation, nonseasonal major depressive disorder (Emens, Lewy et al., Psychiatry Res., August 15, 2009) and ADHD can also be individually phase typed and then treated with a phase-resetting agent at the appropriate time. Phase-advanced disorders are treated with evening bright light exposure and/or low-dose (about 0.5 mg) morning melatonin administration. Phase-delayed disorders are treated with morning light and/or low-dose afternoon/evening melatonin administration. High doses of melatonin can be given at bedtime to help some people sleep. The best phase marker is the circadian rhythm of melatonin production, specifically, the time of rise in levels during the evening. In sighted people, samples are collected under dim light conditions. This can be done at home using saliva. Within a year or two, this test should become available to clinicians. The DLMO occurs on average at about 8 or 9 p.m.; earlier DLMOs indicate a phase advance, later DLMOs indicate a phase delay. The circadian alignment between DLMO and the sleep/wake cycle is also important. Use of the DLMO for phase typing and guiding clinically appropriate phase resetting will be discussed in detail, focusing on SAD. A jet-lag treatment algorithm will be presented that takes into account the direction and number of time zones crossed for when to avoid and when to obtain sunlight exposure at destination, and when to take low-dose melatonin before and after travel. Books instructing the use of light treatment will also be reviewed as well as the most recent research findings.

Course Level: Basic

1:00 p.m. – 5:00 p.m. | 4 Hours

Marriott Marquis

Member **Early Bird:** \$165 | Advance: \$185 | On Site: \$210

Nonmember **Early Bird:** \$190 | Advance: \$210 | On Site: \$235

Spaces Available: 60 | Code: C6192

Mentalization-Based Treatment for Borderline Personality Disorder

Topic: Personality Disorders

Director: Anthony Bateman, M.D.

Course Code: C6195

Educational Objectives: 1) Demonstrate an understanding of the mentalizing problems of Borderline Personality Disorder (BPD); 2) Recognize mentalizing and nonmentalizing interventions; 3) Develop and maintain a mentalizing therapeutic stance; and 4) Use some basic mentalizing techniques in everyday clinical work.

Description: Mentalization is the process by which we implicitly and explicitly interpret the actions of ourselves and others as meaningful on the basis of intentional mental states (e.g., desires, needs, feelings, beliefs and reasons). We mentalize interactively and emotionally when with others. Each person has the other person's mind in mind (as well as his or her own), leading to self-awareness and other awareness. We have to be able to continue to do this in the midst of emotional states, but BPD is characterized by a loss of capacity to mentalize when emotionally charged attachment relationships are stimulated. The aim of Mentalization-Based Treatment (MBT) is to increase this capacity to ensure the development of better regulation of affective states and to increase interpersonal and social function. In this course, we will consider and practice interventions that promote mentalizing, contrasting them with those that are likely to reduce mentalizing. Participants will become aware of which of their current therapeutic interventions promote mentalizing. The most important aspect of MBT is the therapeutic stance. Video and role play will be used to ensure participants recognize the stance and can use it in their everyday practice. Small-group work will be used to practice basic mentalizing interventions described in the manual. In research trials, MBT has been shown to be more effective than treatment in the context of a partial hospital program, both at the end of treatment and at eight-year follow-up. A trial of MBT in an outpatient setting has also been completed. This shows effectiveness when applied by nonspecialist practitioners. Independent replication of effectiveness of MBT has been shown in cohort studies, and additional randomized controlled trials are in progress. The course will therefore provide practitioners with information about an evidence-based treatment for BPD, present them with an understanding of mentalizing problems as a core component of BPD, equip them with clinical skills that promote mentalizing and help them recognize nonmentalizing interventions.

Course Level: Intermediate

1:00 p.m. – 5:00 p.m. | 4 Hours

Marriott Marquis

Member **Early Bird:** \$165 | Advance: \$185 | On Site: \$210

Nonmember **Early Bird:** \$190 | Advance: \$210 | On Site: \$235

Spaces Available: 75 | Code: C6195

Course Listings (continued)

What Every Psychiatrist Needs to Know About Epilepsy

Topic: Neuropsychiatry

Director: Rochelle Caplan, M.D.

Course Code: C4012

Educational Objectives: 1) Apply knowledge about the bidirectional relationship between epilepsy and psychiatric disorders to improve interdisciplinary collaboration and the outcomes of the treatment of patients with epilepsy; 2) Perform a comprehensive evaluation in patients with seizures and successfully navigate challenging clinical manifestations that require careful diagnostic clarification; and 3) Design a treatment plan that follows current evidence and that integrates the neurobiological and psychosocial contributions that epilepsy and its treatment have in various psychiatric presentations.

Description: Psychiatric disorders are common in patients with epilepsy, beyond what is expected with a chronic medical condition. Both neurobiological and psychosocial factors contribute to the expression of psychopathology in patients with epilepsy. Clinical and translational research demonstrate a bidirectional relationship between epilepsy and a wide range of psychiatric disorders, including depression, anxiety, attention deficit hyperactivity disorder, autism spectrum disorders, psychosis and suicide. Despite these robust data, the mental health needs of many epilepsy patients remain unmet and impact the quality of life of these patients and the management of their illness. This course will guide clinicians on how to evaluate the challenging differential diagnoses of epilepsy patients, such as psychiatric disorders that mimic seizures, as well as behavioral and affective symptoms that represent seizure manifestations. We will discuss in detail a wide variety of psychiatric manifestations (including depression, anxiety and attention deficit hyperactivity disorder) in the context of epilepsy. The course will also include a review of current antiepileptic drugs and their impact on mood, behavior and cognition, as well as the impact of psychotropic medications on seizures. Evidence-based psychosocial interventions that address mood, anxiety and executive dysfunction in epilepsy will be discussed in detail. Emphasis will be placed on the need for interdisciplinary collaboration to clarify diagnosis, select appropriate therapies and optimize outcomes. Faculty will include experts in neurology, neuropsychiatry, clinical psychology and neuropsychology who possess a wealth of clinical expertise in the evaluation and treatment of patients with epilepsy with comorbid psychiatric diagnoses. We will present illustrative cases showcasing the complexity of these clinical scenarios. Participation from the audience will be encouraged.

Course Level: Basic

1:00 p.m. – 5:00 p.m. | 4 Hours

Marriott Marquis

Member Early Bird: \$165 | **Advance:** \$185 | **On Site:** \$210

Nonmember Early Bird: \$190 | **Advance:** \$210 | **On Site:** \$235

Spaces Available: 60 | **Code:** C4012

SUNDAY, MAY 15, 2016

Interpersonal Psychotherapy

Topic: Individual Psychotherapies

Director: John Markowitz, M.D.

Course Code: C4090

Educational Objectives: 1) Understand the basic indications, rationale and techniques of interpersonal psychotherapy (IPT) for depression; 2) Appreciate key research supporting the use of IPT for depression and other disorders; and 3) Recognize some of the adaptations or IPT for other psychiatric diagnoses and formats.

Description: Interpersonal psychotherapy, a manualized, time-limited psychotherapy, was developed by the late Gerald L. Klerman, M.D., Myrna M. Weissman, Ph.D., and colleagues in the 1970s to treat outpatients with major depression. Its strategies help patients understand links between environmental stressors and the onset of their mood disorder and to explore practical options to achieve desired goals. IPT has had impressive research success in controlled clinical trials for acute depression, prophylaxis of recurrent depression and other Axis I disorders such as bulimia and PTSD. This course, now in its 22nd consecutive year at the APA Annual Meeting, presents the theory, structure and clinical techniques of IPT along with some of the research supporting its use. The course is intended for therapists experienced in psychotherapy and treatment of depression who have not had previous exposure to IPT. Please note, the course will not provide certification in IPT, a process that requires ongoing training and supervision. Participants should read the IPT manual: Weissman MM, Markowitz JC, Klerman GL: Clinicians' Quick Guide to Interpersonal Psychotherapy. New York: Oxford University Press, 2007. They may also be interested in Markowitz JC, Weissman MM (Editors): Casebook of Interpersonal Psychotherapy. New York: Oxford University Press, 2012, which contains a wealth of case examples.

Course Level: Intermediate

8:00 a.m. – Noon | 4 Hours

Marriott Marquis

Member Early Bird: \$165 | **Advance:** \$185 | **On Site:** \$210

Nonmember Early Bird: \$190 | **Advance:** \$210 | **On Site:** \$235

Spaces Available: 60 | **Code:** C4090

Understanding and Treating Narcissistic Personality Disorder

Topic: Personality Disorders

Director: Frank Yeomans, M.D.

Course Code: C4225

Educational Objectives: 1) Understand and diagnose the range of narcissistic pathology; 2) Understand the concept of the pathological grandiose self and how to approach this psychological structure clinically; 3) Understand treatment techniques that address narcissistic resistances and help the patient look beyond his or her rigid narcissistic stance and begin

Course Listings (continued)

to engage meaningfully with others; and 4) Understand how to help the patient gain awareness of and deal with the anxieties that the pathological grandiose self defends against.

Description: Narcissistic disorders are prevalent and can be among the most difficult clinical problems to treat. Narcissistic patients tend to cling to a system of thought that interferes with establishing relations and successfully integrating into the world. Furthermore, these patients can engender powerful countertransferential feelings of being incompetent, bored, disparaged and dismissed or, at the other extreme, massively and unnervingly idealized. This course will present a framework for conceptualizing, identifying and treating individuals diagnosed with narcissistic personality disorder (NPD) or with significant narcissistic features. Narcissism encompasses normative strivings for perfection, mastery and wholeness, as well as pathological and defensive distortions of these strivings. Such pathological distortions may present overtly in the form of grandiosity, exploitation of others, retreat to omnipotence or denial of dependency, or covertly in the form of self-effacement, inhibition and chronic, extreme narcissistic vulnerability. Adding to the difficulties in diagnosing and treating narcissistic disorders is the fact that they can manifest themselves in multiple presentations depending on the level of personality organization, subtype or activated mental state. In this course, we will review the levels of narcissistic pathology. We will go on to discuss a specific theoretical and clinical formulation of narcissism and a manualized psychodynamic psychotherapy, transference focused psychotherapy, that has been modified to treat patients with narcissistic disorders. We will review therapeutic modifications that can help clinicians connect with and treat patients with narcissistic pathology at different levels.

Course Level: Basic

8:00 a.m. - Noon | 4 Hours

Marriott Marquis

Member Early Bird: \$165 | **Advance:** \$185 | **On Site:** \$210

Nonmember Early Bird: \$190 | **Advance:** \$210 | **On Site:** \$235

Spaces Available: 75 | **Code:** C4225

Good Psychiatric Management for Borderline Personality Disorder: What Every Psychiatrist Should Know

Topic: Personality Disorders

Director: John Gunderson, M.D.

Course Code: C4759

Educational Objectives: 1) Explain the diagnosis to patients and families and establish reasonable expectations for change (psychoeducation); 2) Manage the problem of recurrent suicidality and self-harm while limiting personal burden and liability; 3) Expedite alliance-building via use of medications and homework; and 4) Know when to prioritize BPD's treatment and when to defer until a comorbid disorder is resolved.

Description: The course will describe an empirically validated treatment approach: General Psychiatric Management (GPM) (McMain et al., AJP, 2009). GPM's emphasis on psychoeducation

about genetics and prognosis and its integration of medications is consistent with other good psychiatric care. It uses management strategies that are practical, flexible and commonsensical. Listening, validation, judicious self-disclosures and admonishments create a positive relationship in which both a psychiatrist's concerns and limitations are explicit. Techniques and interventions that facilitate the patient's trust and willingness to become a proactive collaborator will be described. Guidelines for managing the common and usually most burdensome issues of managing suicidality and self-harm (e.g., intercession crises, threats as a call-for-help, excessive use of ERs or hospitals) will be reviewed. How and when psychiatrists can usefully integrate group, family or other psychotherapies will be described.

Course Level: Basic

8:00 a.m. - Noon | 4 Hours

Marriott Marquis

Member Early Bird: \$165 | **Advance:** \$185 | **On Site:** \$210

Nonmember Early Bird: \$190 | **Advance:** \$210 | **On Site:** \$235

Spaces Available: 60 | **Code:** C4759

Practical Assessment and Management of Behavior Disturbance in Patients With Moderate to Severe Dementia

Topic: Neurocognitive Disorders

Director: Maureen Nash, M.D., M.S.

Course Code: C4057

Educational Objectives: 1) Understand how to evaluate persons with symptoms and differentiate the common types of dementia: Alzheimer's, vascular, Lewy body, Parkinson's and frontal temporal lobe; 2) Understand the overlap between delirium and dementia with behavior disturbance and how to differentiate and treat those suffering from these two maladies; 3) Have a framework for person-centered assessment and treatment planning, including nonpharmacological interventions; 4) Understand risks, benefits and alternatives of evidence-based treatments for the common types of dementia with behavior disturbance; and 5) Understand the challenges of identifying pain and the terminal nature of advanced dementia.

Description: Preventing and treating moderate to severe behavior disturbance in those with dementia is one of the most challenging problems in geriatric psychiatric clinical practice. The regulatory environment and concerns about the risks of treatment are in the press and on the minds of clinicians and the general public. Successful treatment requires a holistic view of assessment, symptom interpretation and knowledge of the evidence base. This course is designed for psychiatrists, primary care providers and advanced practice nurses who desire to learn how to assess and manage behavior disturbances in those with dementia. This course is designed by and for clinicians with a solid basis in the current evidence. Cases will be used throughout the course to illustrate the diagnostic issues and the treatment dilemmas. The course will thoroughly review assessment, nonpharmacological management,

Course Listings (continued)

pharmacological management and discussion of quality-of-life issues. Management for both inpatient and outpatient situations will be covered; however, the emphasis will be on the most difficult situations, typically those who are referred to emergency rooms or are inpatients in adult or geriatric psychiatry units. The first half will be an overview of behavior disturbance and how to measure it while determining the proper diagnosis. Determining the type of dementia and detecting delirium is emphasized for proper management. There will also be a subsection reviewing the diagnosis and treatment of delirium and discussion of how it relates to behavior disturbance in those with dementia. Next there will be discussion of practical nonpharmacological interventions and in-depth discussion of the pharmacological management of behavior disturbance in dementia. Current controversies and the regulatory environment in long-term care will be discussed. Cases of Alzheimer's, Lewy body, frontal temporal lobe and other dementias will be used to highlight aspects of diagnosis and successful management of the behavior disturbances unique to each disease. Audience participation will be encouraged throughout and is an integral part of the learning process.

Course Level: Intermediate

9:00 a.m. – 4:00 p.m. | 6 Hours

Marriott Marquis

Member **Early Bird:** \$225 | Advance: \$260 | On Site: \$295
Nonmember **Early Bird:** \$275 | Advance: \$310 | On Site: \$360
Spaces Available: 60 | Code: C4057

Integrating Behavioral Health and Primary Care: Practical Skills for the Consulting Psychiatrist

Supported by the CMS Transforming Clinical Practice Initiative (TCPI) APA Support and Alignment Network (SAN)

Topic: Integrated and Collaborative Care

Director: Anna Ratzliff, M.D., Ph.D.

Course Code: C4664

Educational Objectives: 1) Make the case for integrated behavioral health services in primary care, including the evidence for collaborative care; 2) Discuss principles of integrated behavioral health care; 3) Describe the roles for a primary care consulting psychiatrist in an integrated care team; and 4) Apply a primary care-oriented approach to psychiatric consultation for common behavioral health presentations.

Description: Psychiatrists are in a unique position to help shape mental health care delivery in the current rapidly evolving healthcare reform landscape using integrated care approaches, in which mental health care is delivered in primary care settings. In this model of care, a team of providers, including the patient's primary care provider, a care manager and a psychiatric consultant, work together to provide evidence-based mental health care. This course is designed to introduce the role of a psychiatrist functioning as part of an integrated care team. The first part of the course describes the delivery of mental health care in primary care settings with a focus on the evidence base, guiding principles and practical skills needed

to function as a primary care consulting psychiatrist. The second part of the course is devoted to advanced skills. Topics include supporting accountable care and leadership essentials for the integrated care psychiatrist. The course will focus on providing a combination of didactic material, case discussion and practice exercises. Three speakers, including Anna Ratzliff, M.D., Ph.D. from the University of Washington, Department of Psychiatry and Behavioral Sciences, Lori Raney, M.D., Chair APA Workgroup on Integrated Care, and John Kern, M.D., Chief Medical Officer, Regional Mental Health, will present didactic material and allow ample time for questions and discussion. This session was supported by Funding Opportunity Number CMS-1L1-15-002 from the U.S. Department of Health and Human Services, Centers for Medicare and Medicaid Services.

Course Level: Basic

9:00 a.m. – 4:00 p.m. | 6 Hours

Marriott Marquis

This course is offered free of charge, but seating is limited. This course will also be offered on Monday, May 16 and Tuesday, May 17 from 9:00 a.m. to 4:00 p.m.

Spaces Available: 80 | Code: C4664

Psychodynamic Psychopharmacology: Applying Practical Psychodynamics to Improve Pharmacologic Outcomes With Treatment Resistant Patients

Topic: Psychopharmacology

Director: David Mintz, M.D.

Course Code: C4774

Educational Objectives: 1) Describe the evidence base linking meaning factors and medication response; 2) Develop an integrated biopsychosocial treatment frame; 3) Diagnose common psychodynamics underlying pharmacologic treatment resistance; 4) Use psychodynamic interventions in pharmacotherapy to ameliorate psychodynamic contributors to medication issues; and 5) Recognize and contain countertransference contributions to pharmacologic treatment resistance.

Description: Though psychiatry has benefited from an increasingly evidence-based perspective and a proliferation of safer and more tolerable treatments, outcomes are not substantially better than they were a quarter of a century ago. Treatment resistance remains a serious problem across psychiatric diagnoses. While there are many reasons for this, one likely contributor is a treatment environment that has promoted a symptom-focused and biomedically reductionistic approach to patients that neglects the profound impact of psychological and interpersonal factors on treatment outcome. In this environment, prescribing psychiatrists may not possess the knowledge, skills or attitudes needed to transfer psychotherapeutic skills to the psychopharmacology relationship. As such, we are working without some of our most potent tools for working with troubled patients. Psychodynamic psychopharmacology is an approach to psychiatric treatment that explicitly acknowledges and addresses the central role of

Course Listings (continued)

meaning and interpersonal factors in pharmacologic treatment. While traditional objective-descriptive psychopharmacology provides guidance about what to prescribe, the techniques of psychodynamic psychopharmacology inform prescribers about how to prescribe to maximize outcomes. The course will review the evidence base connecting meaning and medications, showing that effective pharmacotherapy will involve thoughtful attention to psychological and social factors that promote optimal outcomes. We will review psychodynamic concepts relevant to the practice of psychopharmacology, with particular attention to psychodynamics and psychosocial factors that underlie pharmacologic treatment resistance. We will explore how a developmental, person-centered approach to prescribing can mobilize patients' strengths in the service of functional growth and optimal use of medication and will outline technical principles of psychodynamic psychopharmacology, providing participants with tools for working with psychodynamic resistances to and from psychiatric medications. The course is intended to be highly interactive, and ample space will be provided for discussion of clinical cases, facilitating skill acquisition and the ability to transfer this learning back into clinical practice.

Course Level: Intermediate

9:00 a.m. – 4:00 p.m. | 6 Hours

Marriott Marquis

Member Early Bird: \$225 | **Advance:** \$260 | **On Site:** \$295

Nonmember Early Bird: \$275 | **Advance:** \$310 | **On Site:** \$360

Spaces Available: 100 | **Code:** C4774

Street Drugs and Mental Disorders: Overview and Treatment of Dual Diagnosis Patients

Topic: Addiction Psychiatry/Substance Use and Addictive Disorders

Director: John Tsuang, M.D.

Course Code: C4300

Educational Objectives: 1) Understand the issues relating to the treatment of dual diagnosis patients; 2) Know the popular street drugs and club drugs; and 3) Know the available pharmacological agents for treatment of dual diagnosis patients.

Description: According to the ECA study, 50% of general psychiatric patients suffer from a substance abuse disorder. These patients, so-called dual diagnosis patients, are extremely difficult to treat, and they are big users of public health services. This course is designed to familiarize participants with diagnosis and state-of-the-art treatment for dual diagnosis patients. We will first review the different substances of abuse, including club drugs, and their psychiatric manifestations. The epidemiological data from the ECA study for dual diagnosis patients will be presented. Issues and difficulties relating to the treatment of dual diagnosis patients will be stressed. The available pharmacological agents for treatment of dual diagnosis patients and medication treatment for substance dependence will be covered. Additionally, participants will learn the harm reduction versus abstinence model for dual diagnosis patients.

Course Level: Basic

8:00 a.m. – Noon | 4 Hours

Marriott Marquis

Member Early Bird: \$165 | **Advance:** \$185 | **On Site:** \$210

Nonmember Early Bird: \$190 | **Advance:** \$210 | **On Site:** \$235

Spaces Available: 75 | **Code:** C4300

MONDAY, MAY 16, 2016

The Clinical Assessment of Malingered Mental Illness

Topic: Forensic Psychiatry

Director: Phillip Resnick, M.D.

Course Code: C4165

Educational Objectives: 1) Demonstrate skill in detecting deception; 2) Detect malingered psychosis; 3) Identify four signs of malingered insanity defenses; and 4) Identify five clues to malingered PTSD.

Description: This course is designed to give psychiatrists practical advice about the detection of malingering and lying. Faculty will summarize recent research and describe approaches to suspected malingering in criminal defendants. Characteristics of true hallucinations will be contrasted with simulated hallucinations. Dr. Resnick will discuss faked amnesia, mental retardation and the reluctance of psychiatrists to diagnose malingering. The limitations of the clinical interview and psychological testing in detecting malingering will be covered. The session will delineate 10 clues to malingered psychosis and five signs of malingered insanity defenses. Video recording of three defendants describing hallucinations will enable participants to assess their skills in distinguishing between true and feigned mental disease. Participants will also have a written exercise to assess a plaintiff alleging posttraumatic stress disorder. Handouts will cover malingered mutism and feigned PTSD in combat veterans.

Course Level: Basic

8:00 a.m. – Noon | 4 Hours

Marriott Marquis

Member Early Bird: \$165 | **Advance:** \$185 | **On Site:** \$210

Nonmember Early Bird: \$190 | **Advance:** \$210 | **On Site:** \$235

Spaces Available: 75 | **Code:** C4165

Emergency Psychiatry: The Basics and Beyond

Topic: Emergency Psychiatry

Director: Kimberly Nordstrom, M.D., J.D.

Course Code: C5154

Educational Objectives: 1) Identify psychiatric emergencies; 2) Feel more comfortable in creating alliances with patients who may be in a decompensated state; 3) Complete a suicide risk assessment; 4) Treat agitation with de-escalation techniques and medications; and 5) Discuss treatments that can be used in emergency situations.

Description: Behavioral emergencies may occur in any setting—outpatient, inpatient and emergency departments,

Course Listings (continued)

as well as in the community. When psychiatric emergencies do occur, psychiatrists should be prepared to deal with surrounding clinical and system issues. One of the most important challenges is the initial assessment and management of a psychiatric crisis/emergency. This includes differentiating a clinical emergency from a social emergency. This seminar can serve as a primer or as an update for psychiatrists in the evaluation and management of psychiatric emergencies. The course faculty offer decades of experience in emergency psychiatry. The participants will learn about the role of medical and psychiatric evaluations and the use of risk assessment of patients in crisis. The course faculty will delve into when laboratory or other studies may be necessary and note instances when this information does not change treatment course. Tools, such as protocols, to aid in collaboration with the emergency physician will be examined. The art of creating alliances and tools for engaging the crisis patient will be discussed. The participants will also learn about the management of agitation (de-escalation and medication use), and special emphasis will be given to psychopharmacological treatments in the emergency setting. The course is divided into two parts: The first focuses on evaluation and the second on treatment. To round out the lectures on treatment, the chairperson will ask questions of the presenters to highlight practice differences. A combination of lectures and case discussion cover fundamental and pragmatic skills to identify, assess, triage and manage a range of clinical crises. Course faculty includes emergency psychiatrists and an emergency medicine physician to help provide various viewpoints and allow for rich discussion.

Course Level: Basic

8:00 a.m. – Noon | 4 Hours

Marriott Marquis

Member Early Bird: \$165 | **Advance:** \$185 | **On Site:** \$210

Nonmember Early Bird: \$190 | **Advance:** \$210 | **On Site:** \$235

Spaces Available: 60 | **Code:** C5154

Exploring Technologies in Psychiatry

Topic: Computers, Technology and the Internet

Director: Robert Kennedy, M.D.

Course Code: C5259

Educational Objectives: 1) Review the various current and emerging technologies and connections that are possible in psychiatry and medicine; 2) Evaluate the emerging technologies and how they impact clinical practice today and tomorrow; and 3) Recognize the pros and cons of electronic physician-patient communication.

Description: This is a newly revised course that addresses the important aspects of managing information and technology that have become an integral component of the practice of psychiatry and medicine. Finding ways to make technology work both as a means of communication and as a way of keeping up-to-date on current changes in the field is an important goal. Whether it is collaborating with a colleague

over the Internet, using a teleconferencing system, participating in a social network, using a smartphone or tablet to connect via email, obtaining critical drug information at the point of care, or evaluating the impact of various treatments in health care management, there are many ways and reasons to connect. This course is divided into three sections: 1a) Your Practice—Part 1: Explores various ways to keep up with important information in the field, maintain your clinical expertise and remain current in your knowledge in psychiatry and medicine, lifelong learning, and online meetings. 1b) Your Practice—Part 2: Describes ways to manage patient information such as the electronic medical record, practice information, screening tools, extending your practice, educational resources and educational prescriptions in practice, and patient portals; 2) Your Profession: Explores your professional identity online; security, privacy, social media and ways to manage them; and how other specialties handle the online world; 3) The Future of Technology in Psychiatry and Medicine: Reviews technology trends, applications and app development, gadgets, and the future of patient interaction. It will explore the evolving role of tablets and smartphones, how these leading edge technologies have changed our relationship to information, and their widespread adoption by psychiatrists and healthcare professionals. The movement toward digitizing health care information is making the numerous apps and mobile devices a great way to integrate and streamline all aspects of the medical process for enhanced care. This course will explore many of the ways that clinicians can use technology to manage and improve their practice and connect to colleagues and to needed information and even to patients. This course is not intended for novices. It will get the experienced computer user up to speed on cutting edge technologies, practice trends and technologies that will impact the profession over the next decade.

Course Level: Intermediate

8:00 a.m. – Noon | 4 Hours

Marriott Marquis

Member Early Bird: \$165 | **Advance:** \$185 | **On Site:** \$210

Nonmember Early Bird: \$190 | **Advance:** \$210 | **On Site:** \$235

Spaces Available: 60 | **Code:** C5259

Restoring Professionalism: Integrating Mind, Brain and Body for Distressed Physicians

Topic: Wellness

Director: A.J. Reid Finlayson, M.D.

Course Code: C5307

Educational Objectives: 1) Recognize the continuum of care for problematic physician behavior health from suicide to healthy lifestyle; 2) Describe the components of a comprehensive fitness-for-duty evaluation for unprofessional physician behavior; 3) Review and discuss three case examples of unprofessional behavior that may undermine patient safety, including disrupting the optimal functioning of clinical teams, sexual boundary violations and dangerous prescribing practices; 4) Explain the effects of disruptive physician behavior on other

Course Listings (continued)

members of clinical teams; and 5) Identify a variety of psycho-educational approaches to remediate problematic physician behaviors and enhance professionalism.

Description: Medical boards or colleges, physician health programs, hospitals and practice groups often seek consultation in dealing with problematic physician behaviors that threaten patient safety or interfere with optimal functioning of clinical teams. This course will present findings from comprehensive evaluations of over 600 physicians and describe continuing education programs developed to educate over 1,500 physicians with behavior problems that involved prescribing improperly, violating boundaries and distressing clinical teams. Participants will review the 360 degree feedback tool that is used to evaluate professional interactions as a way to reinforce and augment change. They will participate in experiential exercises such as the flooding test, some grounding exercises, and DRAN concepts. Available outcome data, including follow-up 360 feedback data, will be presented and discussed. Case studies and self-reflective exercises during the course will illustrate how fitness-for-duty evaluations, transformative learning experiences and practicing self-awareness can be applied not only to manage disruptive behavior but to promote and enhance physician wellness. Participants will have the opportunity to experience several developmental tools used to evaluate and monitor professional behavior, including a 360-degree evaluation process. A self-reflective exercise utilizing a nautical metaphor will be used to integrate the concept of professionalism with well-being of the mind, brain and body.

Course Level: Intermediate

8:00 a.m. – 12:00 p.m. | 4 Hours

Marriott Marquis

Member Early Bird: \$165 | **Advance:** \$185 | **On Site:** \$210
Nonmember Early Bird: \$190 | **Advance:** \$210 | **On Site:** \$235
Spaces Available: 60 | **Code:** C5307

Psychodynamic Principles With Treatment-Resistant Mood Disorders: Breaking Through Treatment Resistance by Focusing on Comorbidity

Topic: Psychodynamic Psychotherapy

Director: Eric Plakun, M.D.

Course Code: C4121

Educational Objectives: 1) Describe evidence that psychosocial factors play a role in the cause and effective treatment of treatment-resistant mood disorders; 2) Explain the contribution to treatment resistance of personality disorders, including associated immature defenses like splitting and projective identification; 3) Define the practice of 'psychodynamic psychopharmacology' and explain its role in effective treatment of treatment-resistant mood disorders; and 4) Utilize specific psychodynamic principles to improve outcomes in patients with treatment-resistant mood disorders.

Description: Although algorithms help psychiatrists select biological treatments for patients with treatment-resistant

mood disorders, the subset of patients with early adverse experiences and comorbid personality disorders often fails to respond to medications alone. These treatments frequently become chronic crisis management, with high risk of suicide. This course describes a comprehensive approach to this subset of treatment-resistant patients derived from a longitudinal study of patients in extended treatment at the Austen Riggs Center. The course offers an overview of psychoanalytic object relations theory to facilitate an understanding of how immature defenses may lead to treatment resistance. Ten psychodynamic principles extracted from study of successful treatments are presented and illustrated with case examples. Among these are listening beneath symptoms for therapeutic stories, putting unavailable effects into words, attending to transference-countertransference paradigms contributing to treatment resistance, and attending to the meaning of medications—an approach known as 'psychodynamic psychopharmacology.' This psychodynamic treatment approach guides the conduct of psychotherapy, but also guides adjunctive family work, helps integrate the psychopharmacologic approach, and maximizes medication compliance. Time will be included to allow course participants to discuss their own cases, as well as the case material offered by the presenters. The course is designed to help practitioners improve outcomes with these patients in their own work setting.

Course Level: Basic

9:00 a.m. – 4:00 p.m. | 6 Hours

Marriott Marquis

Member Early Bird: \$225 | **Advance:** \$260 | **On Site:** \$295
Nonmember Early Bird: \$275 | **Advance:** \$310 | **On Site:** \$360
Spaces Available: 60 | **Code:** C4121

Mind-Body Programs: Stress, Anxiety, Depression, PTSD, Military Trauma and Mass Disasters: Lecture and Experiential (Replaces Yoga of the East and West)

Topic: Integrative Medicine (CAM)

Director: Patricia Gerbarg, M.D.

Course Code: C4306

Educational Objectives: 1) Describe how heart rate variability and sympatho-vagal balance contribute to overall well-being and stress-resilience; 2) Apply Polyvagal Theory to understanding how Voluntarily Regulated Breathing Practices (VRBPs) help shift the organism from states of defensive disconnection towards a state of safety and connectedness; 3) Discuss the vagal-gamma-aminobutyric acid theory of inhibition and its potential relevance to treatment of stress, anxiety and trauma-related disorders; 4) Experience coherent breathing for stress reduction and learn how VRBPs can be used to reduce anxiety, insomnia, depression and symptoms of PTSD; and 5) Experience open focus attentional training for stress reduction, improved attention and relief of physical and psychological distress for clinicians and their patients.

Description: Dr. Richard P. Brown and Dr. Patricia Gerbarg use PowerPoint slides, lecture, video clips, experiential practices

Course Listings (continued)

and Q&A. This repeat of last year's Yoga of the East and West is updated with new research. Neurophysiological models, research review: Breath-Body-Mind (BBM) uses simple practices, primarily VRBPs with coordinated movements derived from yoga, qigong, martial arts, meditation and modern neuroscience. Easily learned for relief of stress, anxiety, depression and PTSD, they can be modified for different settings—private offices, clinics, hospitals, groups, schools, military bases and disaster sites. We present developments in understanding how VRBPs rapidly improve sympatho-vagal balance, emotion regulation and symptom resolution in a wide variety of disorders and patient populations. The evolving neurophysiological theory incorporates concepts of Polyvagal Theory (Stephen Porges), interoception, interactions between the autonomic nervous system, GABA pathways, emotion regulatory circuits, neuroendocrine response and social engagement networks. Polyvagal theory asserts that physiological states characterized by increased vagal influence on heart rate variability support social engagement and bonding and inhibit defensive limbic activity. A specific feature of trauma-related disorders—disconnection, disruption of bonding—will be explored. Dr. Gerbarg will briefly update research evidence that specific VRBPs, in combination with other practices, resulted in significant rapid improvements in psychological and physical symptoms in studies of GAD, veterans with PTSD, healthcare providers, bowel disease and survivors of mass disasters: 2004 Southeast Asian Tsunami, 9/11 World Trade Center attacks, Gulf Horizon oil spill, and war and slavery in Sudan. Preliminary data from a mass resonance spectroscopy study of effects on brain GABA levels in patients with depression will be presented. Experiential practices: Dr. Brown guides participants through rounds of movement with VRBPs: Coherent Breathing, 4-4-6-2, Breath Moving, 'Ha' and Open Focus Meditation. The gentle movements can be done standing or sitting and are suitable for adults and children. Awareness and mindfulness of breath and changes in mental and physical states is cultivated. Attendees enhance learning by participation in group processes. Clinical cases—PTSD: Dr. Gerbarg covers clinical issues, indications, contraindications, risks, benefits and guidelines for augmenting psychotherapy with VRBPs. Cases illustrate restoration of connectedness/ bonding through VRBPs that shift the individual from states of fear and immobilization to states of safety and bonding. Cases include a victim of sexual abuse, a former U.S. Air Force U2 pilot, a second generation Holocaust survivor, and a healthcare worker in Sudan. Resources for skill development are given. Bring towel or blanket.

Course Level: Intermediate

9:00 a.m. – 4:00 p.m. | 6 Hours

Marriott Marquis

Member Early Bird: \$225 | **Advance:** \$260 | **On Site:** \$295

Nonmember Early Bird: \$275 | **Advance:** \$310 | **On Site:** \$360

Spaces Available: 80 | **Code:** C4306

Risk Assessment for Violence

Topic: Aggressive Behaviors: Etiology, Assessment and Treatment

Director: Phillip Resnick, M.D.

Course Code: C4354

Educational Objectives: 1) Specify four types of paranoid delusions that can lead to homicide; 2) Identify the relative risk of violence in schizophrenia, bipolar disorder and substance abuse; and 3) Indicate three factors that increase the likelihood that violent command hallucinations will be obeyed.

Description: This course is designed to provide a practical map through the marshy minefield of uncertainty in risk assessment for violence. Recent research on the validity of psychiatric predictions of violence will be presented. The demographics of violence and the specific incidence of violence in different psychiatric diagnoses will be reviewed. Dangerousness will be discussed in persons with psychosis, mania, depression and substance abuse. Special attention will be given to persons with specific delusions, command hallucinations, premenstrual tension and homosexual panic. Personality traits associated with violence will be discussed. Childhood antecedents of adult violence will be covered. Advice will be given on taking a history from potentially dangerous patients and countertransference feelings. Instruction will be given in the elucidation of violent threats, sexual assaults and 'perceived intentionality.'

Course Level: Basic

1:00 p.m. – 5:00 p.m. | 4 Hours

Marriott Marquis

Member Early Bird: \$165 | **Advance:** \$185 | **On Site:** \$210

Nonmember Early Bird: \$190 | **Advance:** \$210 | **On Site:** \$235

Spaces Available: 60 | **Code:** C4354

Neuroanatomy of Emotions

Topic: Biological Psychiatry

Director: Ricardo Vela, M.D.

Course Code: C4376

Educational Objectives: 1) Identify the principal brain structures involved in emotional expression; 2) Name the main functional neural circuitry of the limbic system; 3) Discuss abnormal brain structures in autism; 4) Discuss neurodevelopmental brain abnormalities in schizophrenia; and 5) Discuss the role of the subcallosal gyrus in depression.

Description: Psychiatry has been revolutionized by the development of brain imaging research, which has expanded our understanding of mental illness. This explosion of neuroscientific knowledge will continue to advance. In April 2013, President Obama called for a major initiative for advancing innovative neurotechnologies for brain research. NIMH has launched the new research domain criteria that conceptualizes mental disorders as disorders of brain circuits that can be identified with the tools of clinical neuroscience. Psychiatrists need to access fundamental knowledge about brain neuroanatomy and neurocircuitry that will allow them to understand emerging neuroscientific findings that

Course Listings (continued)

will be incorporated into the practice of psychiatry. This symposium will describe the structure of limbic nuclei and their interconnections as they relate to the basic mechanisms of emotions. Neuroanatomical illustrations of limbic nuclei, associated prefrontal and cerebellar structures, and main neurocircuitry will be presented. Drawing from classic neurobiological research studies and clinical case data, this course will show how each limbic structure, interacting with each other, contributes to the expression of emotions and attachment behavior. Three-dimensional relationships of limbic structures will be demonstrated through the use of a digital interactive brain atlas with animated illustrations. The relevance of neuroanatomical abnormalities in autism, PTSD, major depression and schizophrenia will be discussed in the context of limbic neuroanatomical structures.

Course Level: Intermediate

1:00 p.m. – 5:00 p.m. | 4 Hours

Marriott Marquis

Member Early Bird: \$165 | **Advance:** \$185 | **On Site:** \$210

Nonmember Early Bird: \$190 | **Advance:** \$210 | **On Site:** \$235

Spaces Available: 75 | **Code:** C4376

Evaluation and Treatment of Sexual Dysfunctions

Topic: Sexual Dysfunctions

Director: Waguih IsHak, M.D.

Course Code: C4139

Educational Objectives: 1) Acquire practical knowledge and skills in evaluation of sexual disorders; 2) Acquire practical knowledge and skills in treatment of sexual disorders; and 3) Learn to apply gained knowledge/skills to real examples of sexual disorders.

Description: The course is designed to meet the needs of psychiatrists who are interested in acquiring current knowledge about the evaluation and treatment of sexual disorders in everyday psychiatric practice. The participants will acquire knowledge and skills in taking an adequate sexual history and diagnostic formulation. The epidemiology, diagnostic criteria and treatment of different sexual disorders will be presented, including the impact of current psychiatric and nonpsychiatric medications on sexual functioning. Treatment of medication-induced sexual dysfunction (especially the management of SSRI-induced sexual dysfunction) as well as sexual disorders secondary to medical conditions will be presented. Treatment interventions for sexual disorders will be discussed, including psychotherapeutic and pharmacological treatments. Clinical application of presented material will be provided using real world case examples brought by the presenter and participants. Methods of teaching will include lectures, clinical vignettes and group discussions.

Course Level: Intermediate

1:00 p.m. – 5:00 p.m. | 4 Hours

Marriott Marquis

Member Early Bird: \$165 | **Advance:** \$185 | **On Site:** \$210

Nonmember Early Bird: \$190 | **Advance:** \$210 | **On Site:** \$235

Spaces Available: 60 | **Code:** C4139

Acute Brain Failure: Neurobiology, Prevention and Treatment of Delirium

Topic: Psychosomatic Medicine

Director: Jose Maldonado, M.D.

Course Code: C5357

Educational Objectives: 1) Identify the strengths and weaknesses of various screening and diagnostic instruments used for the detection of delirium; 2) Recognize the main risk factors for the development of delirium in the clinical setting; 3) Describe the evidence regarding the use of nonpharmacological techniques (e.g., light therapy, early mobilization) in delirium prevention and treatment; 4) Define the evidence behind the use of antipsychotic agents in the prevention and treatment of delirium; and 5) Recognize the evidence behind the use of nonconventional agents (e.g., alpha-2 agonist, melatonin, anticonvulsant agents) in the prevention and treatment of delirium.

Description: Delirium is a neurobehavioral syndrome caused by the transient disruption of normal neuronal activity due to disturbances of systemic physiology. It is also the most common psychiatric syndrome found in the general hospital setting, causing widespread adverse impact to medically ill patients. Studies have demonstrated that the occurrence of delirium is associated with greater morbidity, mortality, and a number of short- and long-term problems. Short-term, patients suffering from delirium are at risk of harming themselves (e.g., falls, accidental extubation) and of accidentally injuring their caregivers due to confusion, agitation and paranoia. Long-term, delirium has been associated with increased hospital-acquired complications (e.g., decubitus ulcers, aspiration pneumonia), a slower rate of physical recovery, prolonged hospital stays and increased placement in specialized intermediate and long-term care facilities. Furthermore, delirium is associated with poor functional and cognitive recovery, an increased rate of cognitive impairment (including increasing rates of dementia) and decreased quality of life. This course will review delirium's diagnostic criteria (including new DSM-5 criteria), subtypes, clinical presentation and characteristics, available diagnostic tools, the theories attempting to explain its pathogenesis, and the reciprocal relationship between delirium and cognitive impairment, and summarize behavioral and pharmacological evidence-based techniques associated with successful prevention and treatment techniques. We will also use delirium tremens (i.e., alcohol withdrawal delirium) as a way to better understand deliriums, pathophysiology and discuss novel, benzodiazepine-sparing techniques in order to better control the syndrome and prevent its complications while avoiding the deliriogenic effects of benzodiazepine agents.

Course Level: Basic

1:00 p.m. – 5:00 p.m. | 4 Hours

Marriott Marquis

Member Early Bird: \$165 | **Advance:** \$185 | **On Site:** \$210

Nonmember Early Bird: \$190 | **Advance:** \$210 | **On Site:** \$235

Spaces Available: 60 | **Code:** C5357

Course Listings (continued)

TUESDAY, MAY 17, 2016

ECT Practice Update for the General Psychiatrist

Topic: Nonpharmacological Somatic Therapies ECT, TMS

Director: Peter Rosenquist, M.D.

Course Code: C6193

Educational Objectives: 1) Consider the indications and risk factors for ECT and estimate likely outcomes based upon patient characteristics; 2) Define the physiologic and neurocognitive effects of ECT as they relate to specific and potentially high-risk patient populations; 3) Review the evidence related to ECT stimulus characteristics and summarize the differences between brief and ultra-brief pulse width stimuli; and 4) Define strategies for optimizing treatment outcomes during the ECT course and maintaining remission over time.

Description: This course is designed to appeal to general psychiatrists and other health care providers who are involved in providing ECT or referring patients for ECT. The five faculty of this course are intimately involved with both research and the administration of ECT on a regular basis. The focus of the activity will be to provide an up-to-date discussion of the current practice of ECT, but is not intended as a 'hands on' course to learn the technique of ECT. The presentations and discussions will include a review of the psychiatric consultation for ECT beginning with the indications, caveats for use of ECT in special patient populations, anesthesia options, potential side effects from ECT and concurrent use of psychotropic and nonpsychotropic medications. The course also includes a practical introduction to the decision making process guiding the choice of techniques including electrode placement, stimulus dosage and parameter selection, as well as relapse prevention strategies. Also included will be an update on current theories of mechanism of action. Any practitioner who has involvement with ECT, either in administration of the procedure or in the referral of patients for ECT, should consider attending this course.

Course Level: Basic

8:00 a.m. - Noon | 4 Hours

Marriott Marquis

Member Early Bird: \$165 | **Advance:** \$185 | **On Site:** \$210

Nonmember Early Bird: \$190 | **Advance:** \$210 | **On Site:** \$235

Spaces Available: 75 | **Code:** C6193

Evidence-Based Psychodynamic Therapy: A Pragmatic Clinician's Workshop

Topic: Psychodynamic Psychotherapy

Director: Rick Summers, M.D.

Course Code: C4220

Educational Objectives: 1) Become aware of the substantial evidence base supporting psychodynamic psychotherapy; 2) Improve treatment selection by applying a contemporary and pragmatic framework for delivering psychodynamic therapy; 3) Diagnose core psychodynamic problems and develop a psychodynamic formulation for appropriate patients; and 4)

Understand how to develop an effective therapeutic alliance and employ techniques for facilitating change.

Description: This course will build the clinician's ability to provide effective and pragmatically focused psychodynamic therapy by reviewing the current evidence base for the treatment, presenting a contemporary and concise conceptual framework for the treatment and offering a detailed discussion of psychodynamic techniques. Many video clips with class discussion about technique and a group exercise on defining the core psychodynamic problem of a presented patient will make the course lively and participatory. The course follows the arc of therapy by discussing the central concepts of therapeutic alliance, core psychodynamic problems, psychotherapy focus and strategies for change. Presentation of the relevant evidence is paired with the model and the specific techniques to bolster the clinician's confidence in the effectiveness of the method. The video clips and group discussion provide an opportunity for interactive learning.

Course Level: Intermediate

8:00 a.m. - Noon | 4 Hours

Marriott Marquis

Member Early Bird: \$165 | **Advance:** \$185 | **On Site:** \$210

Nonmember Early Bird: \$190 | **Advance:** \$210 | **On Site:** \$235

Spaces Available: 60 | **Code:** C4220

DSM-5 Changes: Overview and Practical Applications (Including the Transition to ICD-10-CM)

Topic: Diagnosis Assessment

Director: Michael First, M.D.

Course Code: C6201

Educational Objectives: 1) Be familiar with the new organization structure of the DSM-5; 2) Be familiar with rationale and implications for the incorporation of a more dimensional approach to DSM-5; 3) Be familiar with the relationship with the ICD-10-CM and DSM-5; and 4) Be familiar with the changes being made throughout the DSM-5, including their rationale and practical implications.

Description: This course will present a practical and comprehensive overview of DSM-5, focusing on the changes and their clinical applications, as well as some of the controversies that arose during the DSM-5 process. The presentation begins with a summary of the goals and aspirations of the DSM-5 revision process and how these impacted the structure of the final product. The presentation then covers general issues in the use of the manual, including an explanation of the relationship between the ICD-10-CM coding system and the DSM-5 system. The course then continues with a presentation of the changes to the various sections of the DSM-5, including Neurodevelopmental Disorders; Schizophrenia and Other Psychotic Disorders; Bipolar and Depressive Disorders; Anxiety Disorder; Obsessive-Compulsive and Related Disorders; Trauma and Stressor-Related Disorders; Dissociative Disorders; Somatic Symptom Disorders; Eating Disorders; Sexual Dysfunctions; Sleep-Wake Disorders; Disruptive, Impulse Control and Conduct Disorders; Substance-

Course Listings (continued)

Related and Addictive Disorders; Neurocognitive Disorders; and Personality Disorders. For those changes that have been controversial, the pros and cons of the changes will be presented. The course concludes with a look toward the future in terms of the plans to make DSM-5 a living document as well as an overview of the research categories for further study.

Course Level: Basic

9:00 a.m. – 4:00 p.m. | 6 Hours

Marriott Marquis

Member Early Bird: \$225 | **Advance:** \$260 | **On Site:** \$295

Nonmember Early Bird: \$275 | **Advance:** \$310 | **On Site:** \$360

Spaces Available: 100 | **Code:** C6201

Talking With Your Patients About Marijuana

Use: What Every Psychiatrist Should Know

Topic: Psychopharmacology

Director: Henry Levine, M.D.

Course Code: C4091

Educational Objectives: 1) Discuss the CNS activity of cannabis, and the physiologic actions of cannabis and the cannabinoid system; 2) Discuss the medical usefulness and hazards of cannabis, particularly pertaining to psychiatric and substance abuse disorders; 3) Discuss the medico-legal climate regarding cannabis and legal restrictions on the medical use of cannabis; and 4) Take a relevant history from, listen to, educate and counsel patients who wish to use or are using cannabis for medical treatment, or who are using it recreationally while in psychiatric treatment.

Description: Marijuana, according to NIDA, is “the most commonly used illicit substance.” However, according to state, not federal, laws, medical marijuana is legal in 23 states and the District of Columbia. Four states have also legalized recreational use of marijuana. As the number of states legalizing marijuana grows, more patients are turning to us, their doctors, for advice and information regarding marijuana’s risks and benefits. Some patients with psychiatric illness are using marijuana recreationally as well without knowledge of its effects. Both groups deserve education from us based on our scientific knowledge. However, despite research to the contrary, much of it done abroad, the U.S. government still considers marijuana a Schedule I substance “with no currently accepted medical use and a high potential for abuse.” The federal stance has inhibited research on the science of marijuana and has promoted an attitude toward marijuana’s risks and benefits that is not scientifically based. We need to be able to counsel and educate our patients based on objective, scientific data. There is too much said with authority about medical aspects of marijuana—pro and con—that is misleading and deceptive. This course will teach the practitioner to understand the risks and benefits, restrictions, and seductions their patients face in considering cannabis use. The faculty will review the 2,500-year-long history of cannabis use in medicine and the more recent history of restrictions on research and use of cannabis in the U.S. We will discuss the cannabinoid system, CB1 and CB2 receptors,

and their distribution and function, as well as the endogenous cannabinoids. We will cover cannabis’s routes of administration, bioavailability, distribution and elimination, and the unique actions of various cannabinoids. We will then present clinical research and its limitations on the usefulness of cannabis in psychiatric conditions, including anxiety, depression, psychosis, PTSD and sleep, and its role in violence. We will also review clinical research on its usefulness in nonpsychiatric medicine, including its actions in patients with inflammation, pain, spasm, loss of appetite, nausea, epilepsy and HIV. We will present data on the FDA-approved cannabinoids. The faculty will detail hazards of cannabis use, including addiction, accidents, psychosis, cognitive deficits, withdrawal, heart and lung illnesses, and other psychiatric symptoms. We will describe the legal restrictions and limitations on psychiatric practitioners who may be asked by their patients to issue a ‘cannabis recommendation.’ We will teach the practitioner to take a history relevant to the use of medical cannabis. We will discuss ways to listen to and talk with patients who are interested in using or are actively using cannabis for medical reasons, or who are using cannabis recreationally while in treatment for a psychiatric disorder. We will not address screening for or treatment of addiction.

Course Level: Basic

1:00 p.m. – 5:00 p.m. | 4 Hours

Marriott Marquis

Member Early Bird: \$165 | **Advance:** \$185 | **On Site:** \$210

Nonmember Early Bird: \$190 | **Advance:** \$210 | **On Site:** \$235

Spaces Available: 60 | **Code:** C4091

Motivational Interviewing for the Routine Practice of Psychiatry

Topic: Cognitive Behavioral and Motivational Therapies

Director: Steven Cole, M.D., M.A.

Course Code: C4948

Educational Objectives: 1) Describe three questions and four skills of Brief Action Planning (BAP); 2) Explain how BAP aligns with the ‘Spirit of Motivational Interviewing;’ 3) Discuss the three levels and 13 separate skills of ‘Stepped Cate Advanced Skills for Action Planning’ (SAAP) for patients with persistent unhealthy behaviors; 4) Use the eight core competencies of BAP and 13 advanced skills of SAAP in routine psychiatric practice; and 5) Gain skill to demonstrate/train BAP/SAAP for students, team members and colleagues.

Description: Motivational Interviewing (MI) is defined as a “collaborative, patient-centered form of guiding to elicit and strengthen motivation for change.” There are over 15 books on MI, over 1,000 publications and 200 clinical trials, 1,500 trainers in 43 languages, and dozens of international, federal, state and foundation research and dissemination grants. Four meta-analyses demonstrate effectiveness across multiple areas of behavior, including substance abuse, smoking, obesity and medication nonadherence, as well as improved outcomes in physical illnesses, including mortality. MI has been shown

Course Listings (continued)

to contribute to improved outcomes when combined with cognitive behavioral or other psychotherapies. New data reinforces its relevance for psychiatrists: life expectancy of patients with severe mental illness is 32 years less than age- and sex-matched controls, and the risk of death from cardiovascular disease is 2-3 times higher in mental patients than controls. Despite this evidence and its compelling relevance, most psychiatrists have little appreciation of the principles and practice of MI. Using interactive lectures, high-definition annotated video demonstrations and role-play, this course offers the opportunity to learn core concepts of MI and practice basic and advanced MI skills. The course introduces participants to an innovative motivational tool, BAP, developed by the course director (who is a member of MINT: Motivational Interviewing Network of Trainers). Research on BAP was presented at the First International Conference on MI (2008) and the Institute of Psychiatric Services (2009). BAP has been published by the AMA, the Patient-Centered Primary Care Collaborative, Bates' Guide to the Physical Exam and the Commonwealth Fund and disseminated by programs

of the CDC, HRSA, the VA, the Indian Health Service and the Robert Wood Johnson Foundation. Participants will learn how to utilize the three core questions and five associated skills of BAP in routine practice and in a manner consistent with the 'Spirit of Motivational Interviewing.' For those patients with persistent unhealthy behaviors, attendees will also have the opportunity to observe and practice 13 higher-order evidence-based interventions, described as SAAP. Though designed as an introductory course, the material will also be useful to practitioners with intermediate or advanced experience in MI (or other behavior change skills) because they will learn how to utilize BAP in routine care for improved clinical outcomes and/or for training others.

Course Level: Basic

1:00 p.m. – 5:00 p.m. | 4 Hours

Marriott Marquis

Member Early Bird: \$165 | **Advance:** \$185 | **On Site:** \$210

Nonmember Early Bird: \$190 | **Advance:** \$210 | **On Site:** \$235
Spaces Available: 75 | **Code:** C4948



Special Sessions



Opening Session Followed by a Special Lecture by Atul Gawande, M.D.

Sunday, May 15, 2016, 4:30-6:45 p.m.

Georgia World Congress Center

Atul Gawande

Professor, Harvard Medical School. Renowned surgeon and researcher. Author, *Being Mortal* and *The Checklist Manifesto*.

The physician's physician — the definitive voice on improving healthcare.

Atul Gawande's bold visions for improving performance and safety in healthcare have made him one of the most sought-after speakers in medicine. His three books, *Complications*, *Better*, and *The Checklist Manifesto*, have all been highly praised inside and outside the medical community. His new book is *Being Mortal: Medicine and What Matters in the End*. *TIME* placed him among the world's 100 most influential thinkers.

Atul Gawande is a MacArthur "Genius" Fellowship winner, a *New Yorker* columnist, an author — but, most of all, a physician, with a practitioner's grasp of the everyday challenges of healthcare delivery. Atul explains that medical practice and philosophy has not kept pace with the changes in healthcare over the last hundred years. We need reform — and Atul is on a lifelong search to discover what shape that reform should take. What does an effective healthcare system look like in the 21st century? How can we improve quality, manage risk, and measure performance more effectively? Atul brings an eloquence and an intellect to these questions that allow him to offer deeply considered and beautifully expressed solutions with implications for healthcare and beyond.

Dr. Gawande is broadly known for his influential articles, two of which won him the National Magazine Award. He has written about the shift from lone-ranger physicians to teams of co-operating specialists, and the new values this shift requires. He popularized the checklist as a means of co-ordinating complex work in hospitals. His ideas about how to rein in healthcare costs while increasing efficiency and quality have transformed the national discussion of these issues. His writing sets itself apart by its depth of thought and research, but also by its willingness to look outside of healthcare and see how other fields have delivered high-quality service in complex industries.

Atul is a general and endocrine surgeon at Brigham and Women's Hospital in Boston, and a professor in both the Department of Health Policy and Management at Harvard School of Public Health and the Department of Surgery at Harvard Medical School. He is the Executive Director of Ariadne Labs, a joint center for health systems innovation, and chairman of Lifebox, a nonprofit making surgery safer globally. He has won AcademyHealth's Impact Award for highest research impact on health care, and the Lewis Thomas Award for Writing about Science.

Special Sessions (continued)



A Special Session With Supreme Court Justice Breyer

Tuesday, May 17, 2016, **Time 1:30-3 p.m.**
Georgia World Congress Center

Stephen Breyer, born in San Francisco in 1938, is a justice on the Supreme Court of the United States. He is a graduate of Stanford University, Oxford University, and Harvard Law School. He taught law for many years as a professor at Harvard Law School and at the Kennedy School of Government. He has also worked as a Supreme Court law clerk (for Justice Arthur Goldberg), a Justice Department lawyer (antitrust division), an Assistant Watergate Special Prosecutor, and Chief Counsel of the Senate Judiciary Committee (working closely with Senator Edward M. Kennedy to pass the Airline Deregulation Act). In 1980, he was appointed to the United States Court of Appeals for the First Circuit by President Carter, becoming Chief Judge in 1990. In 1994, he was appointed Supreme Court Justice by President Clinton. He has written books and articles about administrative law, economic regulation and constitutional law, including *Regulation and Its Reform*, *Breaking the Vicious Circle: Toward Effective Risk Regulation*, *Active Liberty*, *Making Our Democracy Work: A Judge's View* and *The Court and the World*, which will be published soon. His wife, Joanna, was born in Great Britain and is a retired clinical psychologist. They have three children (Chloe, Nell and Michael) and five grandchildren.



Scientific Program Lecturers



Richard J. Bonnie, LL.B. is Harrison Foundation Professor of Law and Medicine, Professor of Public Policy, Professor of Psychiatry and Neurobehavioral Science, and Director of the Institute of Law, Psychiatry and Public Policy at the University of Virginia. He specializes in health law and policy, bioethics, criminal law, and public policies relating to mental health, substance abuse and public health.

Professor Bonnie has participated in public service throughout his career. He was Associate Director of the National Commission on Marijuana and Drug Abuse (1971-73), Secretary of the first National Advisory Council on Drug Abuse (1975-80), chair of Virginia's State Human Rights Committee responsible for protecting rights of persons with mental disabilities (1979-85), and chief advisor for the American Bar Association Criminal Justice Mental Health Standards Project (1981-88). He recently chaired a Commission on Mental Health Law Reform at the request of the Chief Justice of Virginia (2006-2011).

Professor Bonnie has served as advisor to the APA Council on Psychiatry and Law since 1979, received APA's Isaac Ray Award in 1998 for contributions to forensic psychiatry, and was awarded a special presidential commendation in 2003 for contributions to American psychiatry. He has also served on three MacArthur Foundation research networks—on Mental Health and the Law (1988-1996), Mandated Community Treatment (2000-2010) and Law and Neuroscience (since 2008).

In 1991, Professor Bonnie was elected to the National Academy of Medicine and has chaired numerous academy studies on subjects ranging from elder mistreatment to underage drinking, including the landmark report *Ending the Tobacco Problem: A Blueprint for the Nation* (2007). Most recently, he chaired studies on juvenile justice reform (2013, 2014), health and well-being of young adults (2014), and the minimum legal age for access to tobacco (2015). He received the Yarmolinsky Medal in 2002 for service to the National Academies.

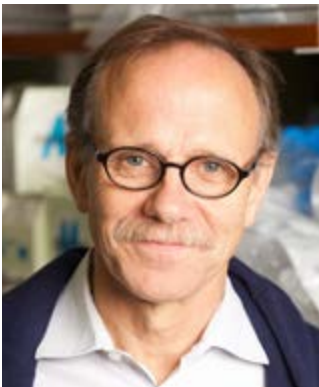
In 2007, Professor Bonnie received the University of Virginia's highest honor, the Thomas Jefferson Award.



Scientific Program Lecturers (continued)



Larry R. Faulkner, M.D. is currently the President and CEO of the American Board of Psychiatry and Neurology (ABPN) and Clinical Professor of Neuropsychiatry and Behavioral Science at the University of South Carolina School of Medicine. From 1994 until he assumed his current position at the ABPN in 2006, Dr. Faulkner served as Vice President for Medical Affairs and Dean of the School of Medicine at the University of South Carolina. From 1990 to 1996, he was Chair of the Department of Neuropsychiatry and Behavioral Science and Director of the William S. Hall Psychiatric Institute at the University of South Carolina School of Medicine, and from 1980 to 1990, he was Director of Psychiatric Education at the Oregon Health Sciences University. Dr. Faulkner is a past Director of the ABPN, a past member and current ex-officio member of the Psychiatry RRC, a current ex-officio member of the Neurology RRC, and a past President of the American Academy of Psychiatry and the Law. He is a Distinguished Life Fellow of the APA and a Fellow of the American College of Psychiatrists. Among other awards, Dr. Faulkner has received the Distinguished Service in Psychiatry Award from the American College of Psychiatrists and the Seymour Pollack Award for Distinguished Contributions to the Teaching and Education Functions of Forensic Psychiatry. Dr. Faulkner is the author of over 100 peer-reviewed publications.

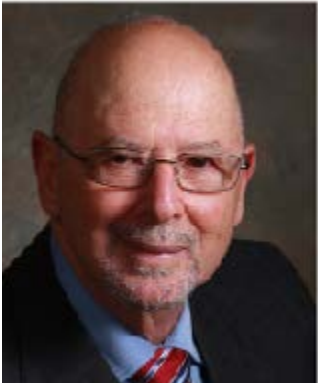


Fred H. Gage, Ph.D., a Professor in the Laboratory of Genetics, joined The Salk Institute in 1995. He received his Ph.D. in 1976 from The Johns Hopkins University. Dr. Gage's work concentrates on the adult central nervous system and unexpected plasticity and adaptability to environmental stimulation that remains throughout the life of all mammals. In addition, he models human neurological and psychiatric disease in vitro using human stem cells. Finally, his lab studies the genomic mosaicism that exists in the brain as a result of mobile elements that are active during neurogenesis.

Prior to joining the Salk Institute, Dr. Gage was a Professor of Neuroscience at the University of California, San Diego. He is a Fellow of the American Association for the Advancement of Science; a Member of the National Academy of Sciences, the Institute of Medicine and American Philosophical Society; a foreign member of the European Molecular Biology Organization; and a Member of the American Academy of Arts and Sciences.

Dr. Gage served as President of the Society for Neuroscience in 2002 and past President for the International Society for Stem Cell Research 2012.

Scientific Program Lecturers (continued)



Mardi Horowitz, M.D. is a Distinguished Professor of Psychiatry at the University of California, San Francisco. He has been president of the San Francisco Center for Psychoanalysis and the International Society for Psychotherapy Research. He has directed the NIMH Center for the Study of Neuroses and the John D. and Catherine T. MacArthur Foundation's Program on Conscious and Unconscious Mental Processes. He is a founding member of the International Society for Traumatic Stress Studies and the Society to Explore Psychotherapy Integration.

Dr. Horowitz has published many books, including *States of Mind: Configurational Analysis of Individual Personality, Personality Styles and Brief Psychotherapy* and *Nuances of Technique in Dynamic Psychotherapy*. His two most recent books are *Identity and the New Psychoanalytic Explorations of Self-Organization* (published 2014, Routledge Press) and *Adult Personality Growth in Psychotherapy* (in press, Cambridge Press). He has also recently published two books written for a nonprofessional audience: *A Course in Happiness* and *Grieving as Well as Possible*.

Dr. Horowitz is the recipient of multiple awards, including the Pioneer Award of the International Society for Traumatic Stress Studies for his achievements in developing the diagnoses of PTSD and disorders of complicated grief. He also received the foundation's fund prize for psychiatric research "for his distinguished contribution to an understanding of the psychological processes following serious life events and of the adaptive changes facilitated by psychotherapy." His seminal book, *Stress Response Syndromes: PTSD, Grief, Adjustment, and Dissociative Disorders*, is now in its fifth edition and has been published in multiple languages.



Francis G. Lu, M.D. is the Luke & Grace Kim Professor in Cultural Psychiatry, Emeritus, and Assistant Dean for Faculty Diversity, Emeritus, at the School of Medicine at the University of California (UCSF), Davis. From 1977 to 2009, he was a University of California, San Francisco faculty member at the UCSF/San Francisco General Hospital inpatient psychiatry services. As a Distinguished Life Fellow of the American Psychiatric Association (APA), Dr. Lu has contributed to the areas of cultural psychiatry; psychiatric education; film and psychiatry; and the interface of psychiatry, religion and spirituality. Since 2003, he has served on the APA Council on Minority Mental Health and Health Disparities. In 2008, the American Psychiatric Association Foundation awarded him one of its Advancing Minority Mental Health Awards, and the Association for Academic Psychiatry awarded him its Lifetime Achievement Award. He is currently Secretary of the Society for the Study of Psychiatry and Culture, a member of the Group for the Advancement of Psychiatry Cultural Psychiatry Committee, and a board member of the World Association of Cultural Psychiatry.

Scientific Program Lecturers (continued)



Dale E. McNeil, Ph.D. is Professor of Clinical Psychology in the Department of Psychiatry at the University of California, San Francisco (UCSF) School of Medicine and Chief Psychologist at Langley Porter Psychiatric Hospital and Clinics. He is also Director of the Clinical Psychology Training Program in the Department of Psychiatry at UCSF, which includes an American Psychological Association (APA)-accredited internship and a postdoctoral fellowship. He is Board Certified in both Clinical Neuropsychology and Forensic Psychology and by the American Board of Professional Psychology (ABPP). He is a Fellow of the American Psychological Association (Divisions of Clinical Psychology and Psychology and Law) and is a former President of the Section on Clinical Emergencies and Crises in the APA's Division of Clinical Psychology. He has published extensively on topics related to behavioral emergencies such as violence, self-harm and trauma.



Jeffrey L. Metzner, M.D. received his medical degree from the University of Maryland Medical School in 1975 and completed his psychiatric residency at the University of Colorado's Department of Psychiatry during 1979. He is a Clinical Professor of Psychiatry at the University of Colorado School of Medicine in Denver, Colorado.

Dr. Metzner has written extensively on the psychiatric care of prison populations. He has provided consultation to judges, special masters, monitors, state departments of corrections, city and county jails, the U.S. Department of Justice, the National Prison Project, and others involved in the field of correctional psychiatry in 35 states. Dr. Metzner was a member (2006) of the Institute of Medicine Committee on Ethical Considerations for Revisions to DHHS Regulations for Protection of Prisoners Involved in Research. He was part of the American Psychiatric Association (APA) work groups that produced the first and third editions of the guidelines for psychiatric services in correctional facilities.

Dr. Metzner remains active at the national level in the APA, the American Academy of Psychiatry and the Law (AAPL) and the American Board of Psychiatry and Neurology, Inc. (ABPN). He is a former president of AAPL. He is a former Chair of the American Psychiatric Association's Council on Psychiatry and Law and a former chair of the APA's Committee on Judicial Action. He is a former recipient of the Isaac Ray Award, awarded by the APA and the AAPL, and the B. Jaye Anno Award of Excellence in Communication, awarded by the National Commission on Correctional Health Care.

Scientific Program Lecturers (continued)



John Monahan, Ph.D. is the John S. Shannon Distinguished Professor of Law at the University of Virginia, where he is also Professor of Psychology and Professor of Psychiatry and Neurobehavioral Sciences. He is a member of the National Academy of Medicine and serves on the National Research Council. Monahan was the founding President of the American Psychological Association's Division of Psychology and Law, and has been a fellow of the John Simon Guggenheim Foundation and the Center for Advanced Study in the Behavioral Sciences. He twice directed research networks on mental health law for the John D. and Catherine T. MacArthur Foundation. He has received an honorary law degree from the City University of New York and the Isaac Ray Award of the American Psychiatric Association (APA).

Monahan is the author or editor of 17 books and over 250 articles and chapters. One of his books, *Social Science in Law*, co-authored by Laurens Walker, is now in its eighth edition and has been translated into Chinese. Two of his other books won the Manfred Guttmacher Award of the APA for outstanding research in law and psychiatry. Monahan's work has been cited frequently by courts, including the California Supreme Court in the case of *Tarasoff v. Regents* and the United States Supreme Court in *Barefoot v. Estelle*, in which he was referred to as "the leading thinker on the issue" of violence risk assessment.



Roy O'Shaughnessy, M.D. completed his medical school education at the University of Ottawa in 1974. Post M.D., he completed one year of internal medicine and two years of postgraduate training in psychiatry at the University of British Columbia and two years at Yale University. In 1980, he completed his fellowship in forensic psychiatry at Yale University.

From 1981 through 2005, Dr. O'Shaughnessy was the Clinical Director of the Youth Forensic Psychiatric Services of the Province of British Columbia, responsible for the assessment and treatment of juvenile offenders. He is a Clinical Professor, Department of Psychiatry, The University of British Columbia. From 1985 through 2012, he was the Head of the Division of Forensic Psychiatry at UBC. After stepping down in 2012, he remained as the Site Director for Civil Forensic Psychiatry at St. Paul's Hospital.

Dr. O'Shaughnessy has been active in the American Academy of Psychiatry and Law (AAPL), ultimately becoming President of AAPL. He sat on the Board of the AAPL Education and Research Institute from 2005 through 2015.

Dr. O'Shaughnessy's interests in the assessment and treatment of sexual offenders started in the early 1980s while Clinical Director of the Youth Forensic Psychiatric Services. He has written and presented on topics related to sexual offenders and other forensic issues. In 1999, Dr. O'Shaughnessy (aka Smith) was a principal in the case of *Smith v. Jones*, a Supreme Court of Canada decision on breaching confidentiality in the face of public safety issues.

Scientific Program Lecturers (continued)



Matthew State, M.D. received his medical degree from Stanford University, completed a residency in psychiatry and a fellowship in child psychiatry at UCLA, and earned a Ph.D. in genetics from Yale University, where he joined the faculty in 2001. In 2013, he moved to University of California, San Francisco as the Oberndorf Family Distinguished Professor and Chair of the Department of Psychiatry. Dr. State's lab studies the genetics and genomics of childhood neuropsychiatric disorders. He co-leads several international genomics collaborations, including the NIH-funded Autism Sequencing Consortium, and has been the recipient of multiple awards, including recent induction into the Institute of Medicine and the American Academy of Child and Adolescent Psychiatry George Tarjan Award for Contributions in Developmental Disabilities.



Michael R. Trimble, M.D. is an Emeritus Professor of Behavioural Neurology at the Institute of Neurology, Queen Square, London. His initial degree was in neuroanatomy, a discipline that he has followed throughout his career.

Interests: Neuropsychopharmacology with special reference to neuropsychiatric disorders, epilepsy, its relationship to disturbances of behavior and its treatment, and the effects of antiepileptic drugs and other treatment for epilepsy on the brain and behavior. Other research and clinical interests include movement disorders and their treatment, especially the development of psychiatric disorders in Parkinson's disease and Gilles de la Tourette syndrome, head injuries, dementia, and the spectrum of presentations in neurology and psychiatry of patients with medically unexplained neurological symptoms. Many such patients turn out to have one or another form of somatoform disorder.

He is Fellow of the Royal College of Physicians, Fellow of the Royal College of Psychiatrists and a Member of the Association of British Neurologists. He is Fellow of the American Psychiatric Association (APA) and a member of the American Neurological Association. He has three research degrees: M.D. (in medicine), B.Sc. (in neuroanatomy) and M.Phil. (in psychiatry). He is International Distinguished Fellow of the APA, and he has attended nearly every APA meeting since his residency at the Phipps Clinic, Johns Hopkins Hospital, in the mid-1970s.

His publications include three editions of *Biological Psychiatry* (1988, 1996 and 2010) and several other single-author titles dealing with the interface between neurology and psychiatry.

His recent publications include *The Soul in the Brain: The Cerebral Basis of Language, Art and Belief*, Johns Hopkins, 2007; *Why Humans Like to Cry: Tragedy, Evolution and the Brain*, Oxford University Press, 2012; and *The Intentional Brain: Motion, Emotion and the Development of Modern Neuropsychiatry*, Johns Hopkins Press, 2016.

Frequently Asked Questions

REGISTRATION

Q: What's included in my registration fee?

A: Admission to approximately 400 scientific sessions with the opportunity to earn CME credits, admission into the Exhibit Hall, one (1) \$10 Exhibit Hall food voucher and a registration badge with access to shuttle bus services from official meeting hotels to the Georgia World Congress Center. Additional fee required for courses (see page 63 for course fees).

Q: Are meals included at the Annual Meeting?

A: No, however, one (1) \$10 Exhibit Hall food voucher is provided to each paid registrant and will be attached to your meeting badge. This voucher can be used toward a food purchase from vendors inside of the Exhibit Hall during exhibit days/hours. The voucher will not be replaced if lost.

Q: Is advanced registration required?

A: On-site registration is available, however at a significantly higher fee. Register early to receive the deeply discounted early bird rate. If you [register online](#), you will avoid the additional fee associated with fax, mail or phone registration.

Q: Can I bring a spouse/significant other?

A: As an exclusive APA member benefit, members can register a spouse/significant other at a discounted rate. Registration fees range from \$215-\$280 depending on when and how you register. This category is designated for spouse/significant other who lives in the same household, **is not an APA member** and receives mail at the same address. This cannot be used for a colleague, an APA member, siblings or children. Only one additional registration is allowed per full-program registrant. Identification will be checked on site. A spouse/significant other registration includes admission into the Exhibit Hall, admission to all sessions (except those for Members Only) with the opportunity to earn CME credits and a registration badge with access to the

shuttle bus service. If you are not an APA member and wish to register a spouse/significant other, you will be required to pay the appropriate nonmember registration fee. You should consider joining APA to receive a significantly reduced registration for yourself and your spouse/significant other.

Q: Why am I receiving nonmember rate information when I register even though I am an APA member?

A: We do apologize for the inconvenience. Please contact the Membership Department at 703-907-7300 to verify your membership status. If you have become a member or renewed your membership within 24 hours of attempting to register, please note that the online system takes up to 48 hours to reset and include your information.

Q: How do I cancel my registration?

A: All registration and/or course cancellation requests must be received in writing by **April 28, 2016**, (see dates below for refund schedule) by the APA office via fax, 703-907-1097, or email at registration@psych.org. A confirmation will be sent once the request has been processed.

The fee will be refunded in the manner in which it was received. Refund policy and cancellation fees are as follows:

Until March 17, 2016: Full refund

March 18 - April 28, 2016: Refund less

cancellation fee equal to 25% of total amount paid

April 29, 2016 and beyond: No refunds

Q: I can no longer attend; can I send a replacement?

A: Yes, complete and return the change request form found in the online [Registration Resource Center](#).

Q: How can I correct the information on my badge?

A: Visit the online [Registration Resource Center](#).

Frequently Asked Questions (continued)

Q: Can I see who else is attending the meeting?

A: An online directory is published in the online [Registration Resource Center](#).

Q: How can I obtain a receipt?

A: Visit the online [Registration Resource Center](#) to print a receipt.

CONTINUING EDUCATION

Q: How many CME credits are available?

A: Generally, the Annual Meeting offers 40 CME credits. Preliminary program information will be available in February 2016.

Q: How do I get a CME Credit/Certificate of Attendance?

A: The APA General Evaluation will be available on site and online at [psychiatry.org/annualmeetingcme](#) during and after the meeting. The online format incorporates the capability to print a personalized Certificate of Credit for physicians or Certificate of Attendance for nonphysicians. If you need additional information, contact the Education Department at eduCME@psych.org.

SCIENTIFIC PROGRAM AND COURSES

Q: Can I exchange one course ticket for another course ticket with the same price?

A: To make this exchange prior to the meeting, email registration@psych.org to request the change. During the meeting, visit the Course Registration Area in the Marriott Marquis to make the change. The exchange can be made only if space is available.

Q: Can I buy materials for courses I could not attend?

A: No. Only course attendees will receive the materials.

Q: How can I get a copy of a presenter's paper?

A: Contact the Office of Scientific Programs at program@psych.org or 703-907-7808. *Abstracts are available in the Syllabus and Proceedings Book in May 2016 online at [psychiatry.org/psychiatrists/meetings/annual-meeting](#).*

HOUSING AND TRAVEL FAQs

As an APA member benefit, APA members will have an exclusive opportunity to register for APA's 2016 Annual Meeting in Atlanta and reserve their hotel between **December 1 – 14**. You will save money too by taking advantage of the early bird registration rates. To register, go to [psychiatry.org/annualmeeting](#). You will need your log-in information to receive member rates. If you do not have this information, call 703-907-7300. To receive your first-choice hotel, reserve your hotel through APA's Annual Meeting website or call onPeak, the official APA housing company, toll free at 855-992-3353 or 312-527-7300. onPeak is the only company authorized to take hotel reservations for APA's official hotels

Don't delay! Register today and take advantage of your discounted member rate to attend the premier psychiatric meeting of the year!

Q: How do I secure hotel reservations?

A: To reserve a room online, go to [psychiatry.org/annualmeeting](#) and click on the housing link. You may also reserve by telephone by calling onPeak. The housing instructions are located on page 52.

onPeak
350 N. Clark Street, Suite 200
Chicago, IL 60654
855-992-3353 or 312-527-7300

Q: How can I change my hotel onsite?

A: Visit onPeak's housing desk at the Georgia World Congress Center, Main Lobby, Andrew Young International Boulevard entrance.

Q: Does the APA offer any travel discounts?

A: A variety of travel discounts, including air and train discounts, are available through the official APA travel company, ATC Travel Management. See page 46 for specific discounts.

ATC Travel Management
800-458-9383
ATCtravel@psych.org

Frequently Asked Questions (continued)

Q: Can the APA write an invitation letter for my visa?

A: Invitation letters can be obtained by visiting the online [Registration Resource Center](#). Invitation letters will be issued to registered attendees only. Should you require an invitation letter prior to registering, contact Ricardo Juarez in the International Affairs Office (rjuarez@psych.org).

MEMBERSHIP

APA Membership Office Department

888-35-PSYCH or 703-907-7300

membership@psych.org

Q: Can I become a member before the meeting and pay the member registration rate?

A: Yes, by becoming an APA member you and your spouse/significant other are able to register at a significantly reduced rate. Please note the deadlines below.

To receive the **Early Bird Registration rate:**
Applications must be submitted by January 4, 2016.

To receive the **Advance Registration rate:**
Applications must be submitted by March 14, 2016.

Nonmembers or reinstating members please select a membership category and **complete a membership application** at [psychiatry.org](#). Fax the registration

form and membership application to 703-907-1097. You will be notified once the application is received and the review process begins. Your member fee registration will be held in a pending file until your application for membership is approved and member dues are paid. You will be notified by the Annual Meeting registration department if your member fee registration cannot be honored, requiring you to pay the nonmember registration fee. Incomplete or pending applications will not qualify for member rates but will be automatically considered for the APA Annual Meeting rebate program (see below for details).

Q: What is the APA Annual Meeting rebate program, and how do I qualify?

A: The APA Annual Meeting rebate program is for nonmembers or former members of the APA who paid the nonmember full program rate to attend the Annual Meeting and who qualify for general, resident-fellow or international membership in the APA. Visit APA Central in the Exhibit Hall or APA Membership Desk in the registration area for rebate program details.

We encourage you to apply for [APA membership](#) online before registering for the Annual Meeting to take advantage of the member discounted rate (up to \$620 value), as well as the many [membership benefits](#) that APA has to offer.



APA Art Association Exhibit

The APA Art Association hosts an art exhibit at the Annual Meeting each year, offering APA members and significant others an opportunity to display their original artwork. The categories are: ceramics, fiber, computer art, crafts, graphics, jewelry, poetry, painting mixed, painting oil, painting water-based, black-and-white or color photography, and sculpture.

APA Art Association Exhibit

Georgia World Congress Center
Water Feature Wall, Level 2

Sunday, May 15	10:00 a.m. – 4:00 p.m.
Monday, May 16	10:00 a.m. – 5:00 p.m.
Tuesday, May 17*	10:00 a.m. – 12:00 p.m. 1:00 p.m. – 2:00 p.m.
Wednesday, May 18	10:00 a.m. – 12:30 p.m.

The APA Art Association exhibit will be open to all APA meeting registrants. Visitors to the exhibit will be able to vote for their favorite works. *Judging will end on Monday, May 18, at 5:00 p.m..* **All exhibitors are asked to sign up for a two-hour period to help host the exhibit while it is open to the public.**

**The exhibit will be closed Tuesday, 12:00 p.m. – 1:00 p.m. for the APA Art Association Annual Meeting (members only).*

APA Art Association Awards and Reception

APA Art Association Exhibit Area

Tuesday, May 17	1:00 p.m. – 2:00 p.m.
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Ribbon awards will be presented and there will be a reception for artists and meeting registrants.

How to Exhibit

To exhibit artwork at the 2016 Annual Meeting, submit the application on the next page and art association dues by April 22, 2016. The exhibit is open to APA members and their significant others. For further information or to submit your entries and dues, contact:

Alberto Serrano MD
Treasurer, APA Art Association
20726 Stone Oak Parkway Suit 101
San Antonio, TX 78258

Entries Accepted from December 3, 2014 – April 22, 2016

Entries arriving after April 22, 2016, may still be exhibited, but may not be listed on the exhibit ballot.

Exhibit Set-Up

APA Art Association Exhibit Area

Saturday, May 14	12:00 p.m. – 3:00 p.m.
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Entries are to be brought to the APA Art Association exhibit area between 12:00 p.m. and 3:00 p.m. on Saturday, May 14. Each artist is responsible for transporting, displaying, and picking up his/her work. Hanging hooks and tables will be provided. All pieces must be ready for display: framed, wired, and glassed. The exhibit coordinator will coordinate the display of artwork. The APA Art Association does not assume any liability for the artwork.

Exhibit Closing

APA Art Association Exhibit Area

Tuesday, May 17	2:00 p.m. – 3:00 p.m.
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Exhibitors are responsible for picking up artwork from the exhibit area. Please do not remove your entry prior to 2:00 p.m. on Monday, May 16.

This information is tentative and subject to change.

APA Art Association Exhibit (continued)

About the APA Art Association

The APA Art Association was founded by the late Norman R. Schulack in 1969 in Miami, FL. The APA Art Association offers the chance to set free and enfranchise the dormant artist within each and every one of us. A vast world of imagery and ability to reach beyond arbitrary barriers and a whole new set of human values await those willing to leap. Beware, however, that once

the hurdle is behind, it is essential to be neither timid nor alarmed (though some may be startled) at the extent of the liberated artist's domain. Membership in the APA Art Association is open to all members of the APA, their spouses or significant others (we define "significant others" as spouse-like partners).

APA ART ASSOCIATION MEMBERSHIP APPLICATION

**Make two copies of this entry form for each submission.
Send one copy with payment, and attach the other to the back of your art.**

Dues and patron dues are \$30, which includes the cost of exhibiting up to two pieces of art at the Annual Meeting; additional pieces are \$5 each, maximum of six pieces.

Mail completed form and payment to:

Alberto Serrano MD
Treasurer, APA Art Association
20726 Stone Oak Parkway Suite 101
San Antonio, TX 78258

Enclosed is a check in the amount of

\$ _____
made payable to the APA Art Association

Name: _____

Street: _____

City: _____ State/Province: _____ ZIP/Postal code: _____

Telephone: _____

Are you and APA Member: Yes No Spouse/Significant Other: Yes No

Art Title: _____

Size: _____ Date Produced or Copyrighted: _____

Signature (required): _____

Please Check Art Category

- | | | | | | |
|---------------------------------------|---------------------------------------|---------------------------------|---|--|---------------------------------------|
| <input type="checkbox"/> Computer Art | <input type="checkbox"/> Ceramic | <input type="checkbox"/> Crafts | <input type="checkbox"/> Painting Water-Based | <input type="checkbox"/> Painting Mixed | <input type="checkbox"/> Painting Oil |
| <input type="checkbox"/> Graphics | <input type="checkbox"/> Poetry | <input type="checkbox"/> Fiber | <input type="checkbox"/> Photography B&W | <input type="checkbox"/> Photography Color | <input type="checkbox"/> Sculpture |
| <input type="checkbox"/> Jewelry | <input type="checkbox"/> Other: _____ | | | | |

General Travel Information

FARE QUOTES AND TICKETS

Online service fee \$19.00
www.atcmeetings.com/apapsych

DISCOUNTS AND SERVICES

Up to 5% off applicable classes of service for tickets purchased more than 30 days prior to the meeting. Restrictions apply and not all classes of service apply for the discount (United Airlines). Up to 5% off applicable classes of service for tickets purchased prior to the meeting (Delta Airlines).

Low fare options on all airlines.

24/7 access with mobile options for itinerary status updates.

ONLINE TRAVEL CENTER: Association Endorsed

www.atcmeetings.com/apapsych

The ATC Travel Center is your one stop for making reservations to association meetings and adding additional excitement to your travel plans.

- Airline discounts
- Car discounts
- Tours and sightseeing
- Travel tools
- Low fare search options

*The above discounts apply for travel **May 9–20, 2016, (ATL)**. Restrictions apply. Service fees apply to ticketed reservations.*

You may also call your own agency or the vendors directly and refer to the following ID numbers:

Delta	NMLQN	800-328-1111
Hertz Rentals	CV#031C0021	800-654-2240
Enterprise	32H7476	800-593-0505
Dollar Rentals	CM0679	800-800-3665



Getting to Atlanta

Hartsfield-Jackson Atlanta International Airport

Home to the busiest and most efficient airport in the world, Hartsfield-Jackson Atlanta International Airport, and the Maynard H. Jackson International Terminal, make getting to Atlanta easy. With a variety of transportation options throughout the city, our guides, maps, shuttles, tours and Atlanta Ambassadors make getting around Atlanta easy too.

For international arrivals, the airport offers a free, 24-hour international shuttle connector that connects the international terminal with the domestic terminal's ground transportation center, including MARTA, Atlanta's rapid rail transit system. For more information, visit www.atlanta-airport.com/internationalterminal/passenger/groundtransportation.html.

Transit options to get from the airport to downtown include:

Shuttle Bus Service

For both individuals and groups, SuperShuttle operates a fleet of 7- and 11-passenger vans, 24 hours per day, 7 days a week. Shuttles leave every 15 minutes from the airport.

On-site ticket purchase is available from uniformed customer service representatives at the SuperShuttle ticket counter located in the domestic terminal's south side baggage claim area. To make a reservation at a discount rate, visit groups.supershuttle.com/americanpsychiatricassociation2016annualmeeting.html.

MARTA (Public Transportation System)

MARTA's airport station is attached to the Airport, right off baggage claim. One way fares are only \$2.50, and within 20 minutes, you can be downtown. Visit www.itsmarta.com for more information.

How to Find MARTA in Hartsfield-Jackson

Arriving air travelers should follow the ground transportation signs to MARTA. The entrance to MARTA's airport station is located inside the western end of the airport's main terminal. Our fare gates are just a few feet from the baggage claim areas.

MARTA Rail Operating Hours

Weekdays: 4:45 a.m. – 1:00 a.m.
Weekends: 6:00 a.m. – 1:00 a.m.
Trains run every 15 – 20 minutes

Taxi Cabs

A set fee prevails between the airport and the central business district. Taxi cabs are located in the yellow bus aisle.

Flat Rate Zone from/to the Airport

Downtown \$30
Buckhead \$40
Midtown \$32
*\$2 charge for each additional person.
Flag drop fee \$1.50

Car Rental

All rental car companies are located at the Hartsfield-Jackson Rental Car Center (RCC). You can access the RCC by taking the ATL SkyTrain.

Rail and Bus

Amtrak provides extensive train service to Atlanta, GA. The station is located in Buckhead Atlanta, about seven miles from the Georgia World Congress Center. To book a reservation, visit www.amtrak.com.

Greyhound Atlanta is located about two miles from the Georgia World Congress Center. To book a reservation, visit www.greyhound.com.

Getting to Atlanta (continued)

Megabus will offer daily departures from its stop location on the street level at MARTA's Civic Center station in downtown Atlanta. The curbside bus stop is just south of the intersection of West Peachtree Street, NW and Pine Street, NE, on the northbound side of West Peachtree Street, NW. To book a reservation, visit www.megabus.com.

Public Transportation

MARTA

This service offers the quickest and most inexpensive way to get to downtown Atlanta's hotels and the Georgia World Congress Center, in addition to attractions and points of interest throughout the city. Visit www.itsmarta.com for more information.

The Atlanta Streetcar

New in 2015, providing a 2.7-mile loop of service with 12 stops, the streetcar puts visitors just a short ride away from more than 300 restaurants, downtown hotels, and top venues and attractions, including the Children's Museum of Atlanta, CNN Center, College Football Hall of Fame and Chick-fil-A Fan Experience, Georgia Aquarium,

Georgia Dome, Georgia World Congress Center, Center for Civil and Human Rights, and World of Coca-Cola.

Taxi Cabs

There are more than 20 licensed city Atlanta taxi cab companies for hire in the area. Atlanta has established set taxi fares between the downtown convention district, midtown district and Buckhead area. Downtown flat Rates (fares originating from a business and concluding at a business within the zone) are \$8.00 for one person; \$2.00 for each additional person. Fares ending outside the zone will be metered. Residential fares within the zone are also metered.

By Foot

The Ambassador Force of downtown Atlanta makes walking around the convention and entertainment district even easier. Many ambassadors are fluent in several languages to assist with international travelers and are trained and staffed according to convention times and locations. Atlanta's ambassadors will point you in the right direction, helping you get around without a hitch. Visit www.atlantadowntown.com/initiatives/ambassadors/who for more details.



International Travel Information

Visa Waiver Program

Begin the visa application process immediately; the visa process takes longer than you may anticipate. For further information, visit the Department of Homeland Security website at www.cbp.gov/travel/international-visitors/esta. International travelers who are seeking to travel to the United States under the Visa Waiver Program (VWP) are subject to enhanced security requirements. All eligible travelers who wish to travel under the VWP must apply for authorization through the Electronic System for Travel Authorization (ESTA). The VWP is administered by the Department of Homeland Security (DHS) and enables citizens and eligible nationals of certain countries to travel to the United States for tourism or business for stays of 90 days or less without obtaining a visa. Log onto the ESTA website at www.cbp.gov/travel/international-visitors/esta and complete an online application in English. Travelers are encouraged to apply early. The web-based system will prompt you to answer basic biographical and eligibility questions typically requested on a paper I-94W form.

Applications may be submitted at any time prior to travel; however, DHS recommends that applications be submitted no less than 72 hours prior to travel. This waiver is not a guarantee of admissibility to the United States at a port of entry. ESTA approval only authorizes a traveler to board a carrier for travel to the U.S. under the VWP. Additional information regarding the VWP and ESTA is available at cbp.gov/travel/international-visitors. Also refer to the State Department website travel.state.gov for more information on international travel, passports and visas.

Invitation Letters

Invitation letters from the APA can be obtained by visiting the online Registration Resource Center. Invitation letters will be issued to registered attendees only. Should you require an invitation letter prior to registering, contact Ricardo Juarez in the APA International Affairs Office (rjuarez@psych.org).



Discover Atlanta

Atlanta gleams amid glass and steel towers, but the heart of the South's largest city is its people. Visitors are likely to be greeted with a big helping of "How y'all doing" hospitality. Atlanta may have birthed "Gone with the Wind," yet today's big, bustling city is more New South than old.

Centennial Olympic Park, the heart of downtown's convention hub, is marked by playful fountains that draw visitors to its core. The Atlanta streetcar glides by, carrying passengers on this modern-day trolley. Attractions abound at Pemberton Place with the popular Georgia Aquarium, World of Coca-Cola and the Center for Civil and Human Rights. Sports fans congregate here to visit the College Football Hall of Fame and to 'Rise Up' for the NFL Falcons at the Georgia Dome, NBA Hawks and WNBA Dream at Philips Arena, and the MLB Braves at Turner Field.

Beyond the city's core, Atlanta's in-town neighborhoods are packed with personality. Midtown melds in-town glitz with the culture. The Westside has become a magnet for foodies, design enthusiasts and shoppers. Buckhead blends boutiques and galleries with fabulous dining, while Little Five Points lives on the edge of bohemian grunge paired with solid live theatre and music scenes.

Discover What Makes Atlanta Unique With These Places to Visit That Are Only in Atlanta

Georgia Aquarium

The Georgia Aquarium is home to more than 100,000 animals of varying species. From whale sharks to seahorses, visitors stand in awe of the marine life behind the huge picture window. Fun fact: Georgia Aquarium has more than 10 million gallons of water pumping through its exhibits.

Atlanta History Center

One of the nation's largest collections of Civil War memorabilia can be found at the Atlanta History Center. Also at the Atlanta History Center is the Swan House, which was showcased in "The Hunger Games: Catching Fire" as President Snow's mansion. You can take a tour and even sit behind his desk.

Inside CNN Studio Tour

In addition to a tour of CNN's Atlanta headquarters, guests are treated to a ride on the world's tallest free-standing escalator. Step on and get carried up, up and away eight stories to begin your CNN tour.

Zoo Atlanta

Zoo Atlanta is one of only four zoos in the United States with Giant Pandas. And—wait for it—we have Giant Panda twin cubs. Twice the fun in Atlanta!

Nobel Peace Prize ... Times Two

Atlanta is one of only two cities in the world to lay claim to two Nobel Peace Prize winners—Martin Luther King Jr. and President Jimmy Carter. See the medals on display and learn about their legacies at the **Martin Luther King Jr. National Historic Site** and **Jimmy Carter Presidential Library and Museum**.

Coca-Cola

This global brand started where? You guessed it, Atlanta. Born and raised in Atlanta, Coca-Cola is synonymous with the city. Visit the World of Coca-Cola to learn the story of the famous soft drink, which dates back more than 125 years.

Stone Mountain Park

Get active during your Atlanta visit with a trip to Stone Mountain Park where you can see and walk across the world's largest exposed mass of granite. Take a 1.3-mile hike to the top of the mountain for breathtaking panoramic views of the Atlanta skyline.

Discover Atlanta Neighborhoods

Look beyond the city's gleaming high rises to discover Atlanta's soul. Interstate 285 forms a perimeter around the city, and just inside (known to locals as "inside the perimeter" or "ITP") visitors will find several distinct Atlanta neighborhoods. Each in-town neighborhood brings a unique flavor to the residential streets, 'got to find it' boutiques and chef-owned eateries of its community.

Discover Atlanta (continued)

Just southwest of downtown, **Castleberry Hill** etches out a space among former warehouses. Today, the community is made up of local artists and entrepreneurs, including the successful Atlanta Movie Tours, which offers tours of locales from *The Walking Dead*, *The Hunger Games* and other popular films. Here, art galleries mix with organic garden spas, wine bars and tapas lounges. Locals and visitors enjoy lively Second Friday Art Walks, where local businesses open their doors for wine, music and fun.

Style and substance take center stage in **Midtown** along Peachtree Street. The famed boulevard connects three major neighborhoods while cutting a swath of culture through this district that's known as Atlanta's 'heart of the arts.' Midtown boasts the largest concentration of arts facilities and organizations in the Southeast with 25 different arts and cultural venues, more than 30 permanent performing arts groups and 22 various entertainment facilities. Locals thrive on the tree-lined lanes just beyond Peachtree Street, and they congregate to play at Piedmont Park.

Bold and brazen **Buckhead** cradles the bedroom communities of the up-and-coming as well as the city's Fortune 500 families. A shopping mecca for fashionistas across the South, this upscale neighborhood is the 'Beverly Hills of the East.' The new, ultra-lux shopping district of Buckhead Atlanta combines the walkable, tree-lined streets of Paris with the haute shops of Rodeo Drive. From just about any point in Buckhead, you're within shouting distance of a memorable four-star restaurant where foodies get their kicks.

On the **Westside**, a blending of Georgia Tech culture with nearby loft communities has sprung into a focal point for a new design district in old industrial spaces. It's the go-to-place for interior design mavens looking for lighting, textiles, fabric and furniture. Like other Atlanta neighborhoods, the dining scene is thriving here. Long-time homesteaders Anne Quatrano and Clifford Harrison's famous Bacchanalia restaurant begat the city's best kitchen shop, Star Provisions, plus two other restaurants: Quinones and Abattoir. Nearby top-rated JCT. Kitchen & Bar, The Optimist, Miller Union and Antico Pizza Napoletana join the throngs of eateries catering to the city's sophisticated palate.

The Atlanta BeltLine Eastside Trail, a multi-use trail and greenspace, runs 2.25 miles from Piedmont Park to Irwin Street, connecting neighborhoods on Atlanta's **Eastside**. Tattooed locals, creative street art and historic homes come together on this side of town. Locals stop for a pastry at Alon's in **Virginia-Highland**; dawdle in Highland Woodworking; or try on the latest fashion statements in Bill Hallman. **Poncey-Highland** is the corridor that bridges between Midtown and Virginia-Highland and provides a perfect blend of these distinct neighborhoods. Off Ponce de Leon Avenue, the historic Sears, Roebuck & Co. is now Ponce City Market (PCM), which rivals New York City's Chelsea Market. PCM will house various shops, flats and offices. Its food hall showcases a renewed energy trending through Atlanta's dining scene. Head down North Highland Avenue to Manuel's Tavern, a presidential favorite and Atlanta's 'quintessential' neighborhood bar. End your exploration of the neighborhood with a movie at the Plaza Theatre, Atlanta's oldest operating cinema.

Inman Park combines small urban green spaces with winding boulevards lined with colorful Queen Annes and Victorians in the city's first planned suburb. The classic architecture and landscape designs jut up against the skyscraper backdrop. The scene edges into a Bohemian style in **Little Five Points**, where vintage dress matches the creativity of tattoos. While spots like Junkman's Daughter have become de rigueur for the young, others can't resist the kitschy places like Star Community Bar and Vinyl Lounge, with a shrine to Elvis. But all is not grunge here. Performing arts venues such as 7 Stages, Dad's Garage and Variety Playhouse lend artistic authenticity to Little Five Points.

What's old is new again in **Old Fourth Ward**, where this neighborhood continues to redefine itself. Edgewood Avenue has experienced a resurgence, transforming into a hotspot for nightlife. This street has several options for enjoying the night, including Joystick Gamebar, Sister Louisa's Church of the Living Room and Ping Pong Emporium, and The Sound Table. Once considered an epicenter of African-American commerce, the **Sweet Auburn District** continues to flourish on the city's southeast side. Auburn Avenue, known in the 1950s as the nation's most affluent African-American street, houses a curb market, bakeries and clubs near the Martin Luther King Jr. National Historic Site and Ebenezer Baptist Church.

Hotel Reservation Information

Housing Instructions

As an exclusive APA member benefit, housing will open December 1, 2015, for APA members only.

For nonmembers, it will open on December 15, 2015.

- ▶ **Online:** psychiatry.org/annualmeeting (click on the housing and travel button).
- ▶ **Mailing Address:**
onPeak
350 N. Clark Street, Suite 200,
Chicago, IL 60654
- ▶ **By Phone:** dial 855-992-3353 (USA, Caribbean and Canada);
For international callers to the United States dial 1-312-527-7300

Deposit Policy: Reservations will only be accepted with a credit card guarantee or check deposit. **All** reservations require a credit card at the time of booking. You may change your guarantee method by sending an advanced deposit check. (Reservations will automatically be cancelled if a credit card guarantee is not received within 72 hours of booking.) Deposit checks and wire transfers must be received by March 25, 2016. After March 25, 2016, reservations will be accepted with a credit card guarantee only. Reservations and changes are subject to hotel availability. Please check your reservation confirmation for details.

Changes and Cancellations: Cancellations and changes of hotel reservations, before May 8, 2016, must be made with onPeak. After this date, all changes and/or cancellations must be made directly with the hotel.



Hotel Descriptions

Marriott Marquis

\$224—Single/double

Discover the sophisticated Atlanta Marriott Marquis, a destination downtown Atlanta hotel conveniently located in Peachtree Center, offering an indoor connection to MARTA and a short 15-minute ride to Hartsfield Jackson International Airport. This contemporary hotel is steps from the Georgia Aquarium and World of Coca-Cola, and a few blocks from CNN Center, Georgia World Congress Center, Philips Arena and the Georgia Dome. The breathtaking atrium is marked by the 50-foot color-changing sail of Pulse, a classically cool cocktail lounge and the new iconic symbol of this downtown hotel. Take pleasure in freshly-renovated guestrooms, boasting lavish conveniences and amazing skyline views.

Omni

\$242—Single/double

Luxurious comfort embraces pure style at the elegant, Four Diamond Omni Hotel at CNN Center. Located in the heart of downtown Atlanta within the bustling Luckie Marietta District, this luxury hotel treats you to views of the spectacular downtown skyline or picturesque Centennial Olympic Park. The luxurious guestroom accommodations reflect the attention to detail and careful consideration the hotel gives to your comfort and happiness. All of the spacious guestrooms and suites are nonsmoking and offer magnificent views of Atlanta's downtown skyline, the lively CNN Center Atrium or Centennial Olympic Park. Guestrooms also feature work stations with modern capabilities, coffee maker, bathrobes, triple sheeting on beds and high-speed internet access. The hotel has two restaurants, a lounge, coffee shop, spa, health club, pool and business center. Omni Hotel at CNN Center is connected to Philips Arena and the Georgia World Congress Center, and it is the nearest hotel to the Georgia Dome. For convenient arrivals or departures, Atlanta Hartsfield International Airport is a mere 15-minute commute (12 miles).

Westin

\$219—Four night minimum stay

\$228—Unrestricted single/double

Crowned by the revolving Sun Dial Restaurant, the 73-story downtown Atlanta hotel overlooks some of the best attractions and things to do in Atlanta. Each newly rejuvenated guestroom and suite offers new carpet, new Heavenly Bed® duvets, 42" flat screen Vizio HD televisions, new window treatments and more! Located in the heart of downtown Atlanta, the hotel is attached to AmericasMart and also steps away from CNN Center, Georgia World Congress Center, World of Coca-Cola, Philips Arena, College Football Hall of Fame and the Georgia Dome.

Aloft Hotel

\$164—Four night minimum stay

\$169—Three night minimum stay

\$174—Unrestricted Single/double

For the traveler open to possibilities, Aloft Hotel is a modern, fresh and fun destination. Aloft is a hotel that celebrates the individual and gives you freedom to control and customize your travel adventure to fit your personal style. It is a place where walls have been knocked down to create a space that is open in design and open to possibilities. A place where energy flows, personalities mingle and opportunities abound. A place where anything can happen. Breeze into one of the Aloft rooms, featuring the ultra-comfortable signature bed, walk-in shower, custom amenities by Bliss Spa and more. The plug and play connectivity station charges all your electronics and links to the 42" LCD TV to maximize work and play.

Hotel Descriptions (continued)

Courtyard Marriott Downtown

\$214—Single/double

Welcome to the Courtyard Marriott Downtown located in the historic Carnegie building. The new state-of-the-art lobby provides greater flexibility and choices for guests where you'll enjoy inviting, flexible spaces where you can work or relax, free Wi-Fi throughout and easy access to the latest news, weather and airport conditions via the GoBoard® technology. Whether traveling for business or pleasure, your stay at Courtyard is sure to be more comfortable, more productive and more enjoyable than ever before! The Courtyard Marriott Downtown is located in Atlanta's bustling entertainment and business district, just minutes from Centennial Park, Georgia Aquarium, World of Coca-Cola, CNN Center, Georgia World Congress Center, Philips Arena and the Georgia Dome.

DoubleTree by Hilton Downtown

\$206—Single/double

The DoubleTree by Hilton—a choice gem among downtown Atlanta hotels. Begin your stay at this inviting hotel with a warm welcome and a delicious DoubleTree chocolate chip cookie. Conveniently located in downtown Atlanta, only a few blocks from MARTA Peachtree Center, this modern, boutique-style hotel is within walking distance of a number of Atlanta attractions, including Georgia Aquarium, the CNN Center, Philips Arena and the Centennial Olympic Park. Relax in a stylish guestroom or suite at this downtown Atlanta hotel. Each of the guest rooms feature tasteful decor and modern conveniences, including Wi-Fi, 32-inch LCD TVs, elegant bathrooms and spacious work desks. Savor tempting American classics or an expertly mixed cocktail in the hotel's stylish and inviting Press Restaurant, perfect for meeting friends or clients. Maintain your exercise regimen in the complimentary fitness center or swim lengths in the outdoor swimming pool.

Ellis Hotel

\$219—Single

\$229—Double

Discover a spectacular new choice for downtown Atlanta accommodations at the Ellis Hotel. Following an impressive \$28 million renovation, this hotel features an innovative blend of sleek design and tranquil ambiance—offering a sophisticated destination to both business and leisure travelers. Immerse yourself in a charming blend of Atlanta's past and present, where the original design elements of this historic landmark blend seamlessly with modern touches and southern hospitality in a cosmopolitan environment.

Embassy Suites Centennial Park

\$239—Single/double

Choose the Embassy Suites Atlanta—at Centennial Olympic Park hotel, downtown Atlanta's only full-service, all-suite hotel. The curved rose-brick exterior hints at the relaxed ambiance within the hotel, where every guestroom is a classic two-room suite. Start your day with a complimentary cooked-to-order breakfast. Enjoy complimentary cocktails* and snacks at the Evening Reception. Mingle with guests in the tranquil atrium. Stay connected using the hotel BusinessLink™ Business Center. Dine at one of the many excellent restaurants located in the Luckie Marietta district. Stay on-site and indulge in a superior steak at Ruth's Chris Steak House. Take advantage of the fully equipped Embassy Suites Fitness Center and heated outdoor swimming pool, open seasonally.

** Service of alcohol subject to state and local laws. Must be of legal drinking age.*

Hotel Descriptions (continued)

The Glenn Hotel

\$239—Single/double

Imagine arriving at an Atlanta boutique hotel whose charm is palpable at first sight. Upon entering the hotel, you are greeted with a welcome experience instead of a check-in process, a refreshing libation to delight you and a warm, scented towel to refresh you after your journey. Now imagine that you are offered the services of a personal host throughout your stay at the downtown Atlanta hotel. Your needs are known, they are proactively tended to, and you are treated as if you are staying in the home of your very best friend. When not enjoying privacy in their downtown Atlanta hotel room, the Glenn's guests enjoy drinks or good conversation in the living room. The Glenn's personal hosts customize the visit for each guest and treat them as if they were a guest in their own home, finding out what would make their stay most enjoyable and productive. The personal hosts are the primary liaison between the guests and this Atlanta boutique hotel's services to ensure that all guest requests are immediately tended to and delivered with a flourish. The Glenn invites guests to dine at the acclaimed Glenn's Kitchen, which offers seasonal American comfort food with a southern flair. No visit is complete without a trip to SkyLounge rooftop bar for a breathtaking view of the greater Atlanta area. And then, of course, if your preferences are for something else, your wish is your host's command.

Hilton Atlanta

\$219—Single/double

Welcome to the new, beautifully remodeled Hilton Atlanta—the ideal destination downtown Atlanta hotel location that offers the perfect setting for business or pleasure, and a gateway to the city's rejuvenated downtown scene. The hotel is a lively destination within walking distance of the best attractions in downtown Atlanta. Swim in the outdoor pool and work out in the fully equipped fitness center. Stay fit on the downtown Atlanta hotel's outdoor tennis courts, full-sized basketball court or jogging track. Experience fine dining overlooking Atlanta's downtown skyline in Nikolai's Roof restaurant or try a Polynesian cocktail at the Mai Tai bar in Trader Vic's.

Hilton Garden Inn

\$219—Single/double

Stay at the Hilton Garden Inn and enjoy complimentary Wi-Fi in all guestrooms, suites and public areas of the hotel. Indoor and outdoor pools are available, featuring an outdoor whirlpool and a cabana offering light snacks. Dine at one of two on-site restaurants. Savor American classics at The City View Room or sample exotic seafood dishes at Legal Sea Foods. Relax in a spacious classic guestroom or suite and enjoy the comforts of home. Watch many programs on your 32-inch LCD HDTV. The in-room mini-refrigerator and microwave oven mean you can refresh whenever you want. Enjoy the convenience that the nearby MARTA rail brings. Hop on and explore Atlanta.

Holiday Inn Downtown

\$174—Single/double

Holiday Inn guestrooms have a coffee maker, Internet access, pay-per-view movies and a work desk with a lamp. The hotel also has a restaurant, lounge, fitness room and outdoor pool on the premises.

Holiday Inn Express

\$159—Single/double

When staying at this new hotel, enjoy a free full hot breakfast before walking to the nearby attractions including Philips Arena (3 blocks), Georgia Aquarium (5 blocks), World of Coca-Cola (5 blocks), CNN Center (3 blocks), Underground Atlanta (4 blocks), Georgia Dome (5 blocks), Georgia World Congress Center (4 blocks) and America's Mart (1 block). Georgia State University and Centennial Olympic Park are also within walking distance and a short drive to Turner Field, Georgia Tech University, Martin Luther King Jr. Museum and the Carter Presidential Center.

Hotel Descriptions (continued)

Hyatt Regency

\$199—Single/double

Hyatt Regency Atlanta, with its signature blue dome, has been a landmark destination since its grand opening on Peachtree Street in 1967. In 2011, the hotel completed a historic \$65 million transformation that renewed Hyatt Regency Atlanta's look and feel, as well as its restaurants and dining experiences, technology, and functionality.

Ritz-Carlton

\$239—Single/double

With impeccable service and an ideal location, this luxury hotel combines a truly modern setting with sophisticated Southern hospitality. Ritz-Carlton Atlanta offers world-class service and exceptional accommodations perfect for any occasion. Indulge in a savory, South-inspired meal in the luxury hotel's restaurant, the Atlanta Grill, while enjoying live jazz Tuesday through Saturday. This downtown Atlanta hotel features luxurious suites and guestrooms outfitted with classic elegance and style, and the over-sized marble tubs will help melt your cares away.

Sheraton Atlanta

\$209—Single/double

Centrally located in Atlanta's popular downtown corridor, the hotel is steps from some of the city's most popular attractions. All guestrooms feature the Sheraton Sweet Sleeper Bed, a spacious desk area with task lighting and a host of personal comforts including hair dryers, in-room movies and complimentary newspapers. Wireless high-speed Internet access is also now available for a daily fee. The Sheraton has a fitness center, business center, pool, restaurant and lounge. Club level rooms include the upgraded Sheraton Shine amenities such as access to the Sheraton club lounge, which features snacks and soft drinks 24 hours a day, upgraded continental breakfast from 6:30 a.m. – 10:30 a.m. and an evening reception with light hors d'oeuvres from 5:30 p.m. – 8:00 p.m. (hours subject to change; please contact the hotel for additional information). Club level also includes complimentary Internet in the club lounge. Club rooms offer complimentary Wi-Fi, turndown service upon request and complimentary bottled water.

W Downtown

\$235—Single/double

In Atlanta's exciting downtown, the W is a lush hideaway infused with natural elements and sensual style, where revitalization and rejuvenation beckon amid major corporations, specialty shopping, upscale living and everything cool about Hotlanta.



Hotel Listings and Amenities

Hotel	Shuttle Stop	Single Rate	Double Rate	Incentives
Marriott Marquis 265 Peachtree Center Ave. <i>0.6 miles to center</i>	Route 3—across the street on Baker at Peachtree Center	\$224.00	\$224.00	
Omni 100 CNN Center <i>0.1 miles to center</i>	Walking distance	\$242.00	\$242.00	
Westin 210 Peachtree Street, NE <i>0.5 miles to center</i>	Route 1—curbside on Spring Street	\$219.00—4 night minimum stay; \$228.00—unrestricted	\$219.00—4 night minimum stay; \$228.00—unrestricted	
Aloft Hotel 300 Spring Street, NW <i>0.4 miles to center</i>	Route 5—curbside on Baker Street	\$164.00—4 night minimum stay; \$169.00—3 night minimum stay; \$174.00—unrestricted	\$164.00—4 night minimum stay; \$169.00—3 night minimum stay; \$174.00—unrestricted	<ul style="list-style-type: none"> ■ Complimentary Internet ■ Double Reward Points ■ Additional Incentives at Bottom of Page¹
Courtyard Marriott Downtown 133 Carnegie Way <i>0.4 miles to center</i>	Route 2—at Ritz-Carlton (across the street on Ellis Street)	\$214.00	\$214.00	<ul style="list-style-type: none"> ■ Complimentary Internet ■ Double Reward Points ■ Additional Incentives at Bottom of Page¹
Doubletree by Hilton Downtown 160 Spring Street, NW <i>0.3 miles to center</i>	Route 1—at Westin (curbside on Spring Street)	\$206.00	\$206.00	<ul style="list-style-type: none"> ■ Complimentary Internet ■ Additional Incentives at Bottom of Page¹
Ellis Hotel 176 Peachtree Street <i>0.4 miles to center</i>	Route 2—at Ritz-Carlton (across the street on Ellis Street)	\$219.00	\$229.00	<ul style="list-style-type: none"> ■ Complimentary Internet
Embassy Suites Centennial Park 267 Marietta Street <i>0.2 miles to center</i>	Walking distance	\$239.00	\$239.00	<ul style="list-style-type: none"> ■ Complimentary Internet ■ Full Breakfast ■ Additional Incentives at Bottom of Page²
The Glenn Hotel 110 Marietta Street, NW <i>0.6 miles to center</i>	Walking distance	\$239.00	\$239.00	<ul style="list-style-type: none"> ■ Complimentary Internet ■ Double Reward Points ■ Additional Incentives at Bottom of Page³
Hilton Atlanta 255 Courtland Street, NE <i>0.7 miles to center</i>	Route 4—across the street on John Portman at Courtland Street	\$219.00	\$219.00	
Hilton Garden Inn 275 Baker Street <i>0.2 miles to center</i>	Walking distance	\$219.00	\$219.00	<ul style="list-style-type: none"> ■ Complimentary Internet ■ Additional Incentives at Bottom of Page⁴
Holiday Inn Downtown 101 Andrew Young Int'l Blvd., NW <i>0.3 miles to center</i>	Route 1—at Westin (curbside on Spring Street)	\$174.00	\$174.00	<ul style="list-style-type: none"> ■ Complimentary Internet ■ Additional Incentives at Bottom of Page⁵
Holiday Inn Express <i>(recommended for residents)</i> 111 Cone Street, NW <i>0.3 miles to center</i>	Route 1—at Westin (curbside on Spring Street)	\$159.00	\$159.00	<ul style="list-style-type: none"> ■ Complimentary Internet ■ Full Breakfast

Hotel Listings and Amenities (continued)

Hotel	Shuttle Stop	Single Rate	Double Rate	Incentives
Hyatt Regency 265 Peachtree Street, NE <i>0.5 miles to center</i>	Route 4 —across the street on Baker Street at Peachtree Street	\$199.00	\$199.00	
Ritz-Carlton 181 Peachtree Street <i>0.5 miles to center</i>	Route 2 —across the street on Ellis Street	\$239.00	\$239.00	■ Complimentary Internet
Sheraton Atlanta 165 Courtland Street <i>0.6 miles to center</i>	Route 2 —across the street on Andrew Young International Boulevard	\$209.00	\$209.00	
W Downtown 45 Ivan Allen Blvd. <i>0.6 miles to center</i>	Route 5 —across the street on Spring Street	\$235.00	\$235.00	■ Complimentary Internet ■ Double Reward Points

Additional Incentives

1. Groups of 10+; 10% off catering F&B, meeting room rental, A/V services and 1 suite upgrade for group leader
2. Groups of 10+; 10% off meeting room rental
3. Groups of 10+; 10% off catering F&B, waived meeting room rental, 1 suite upgrade for group leader and access to club lounge for 2 people
4. Groups of 10+; 10% off A/V services and 1 upgrade for group leader
5. Groups of 10+; 10% off catering F&B and meeting room rental



Hotel Map



Hotel Names and Locations

Marriott Marquis	265 Peachtree Center Avenue
Omni	100 CNN Center
Westin	210 Peachtree Street, NE
Aloft Hotel	300 Spring Street, NW
Courtyard Marriott Downtown	133 Carnegie Way
Doubletree by Hilton Downtown	160 Spring Street, NW
Ellis Hotel	176 Peachtree Street
Embassy Suites Centennial Park	267 Marietta Street
The Glenn Hotel	110 Marietta Street, NW

Hilton Atlanta	255 Courtland Street, NE
Hilton Garden Inn	275 Baker Street
Holiday Inn Downtown	101 Andrew Young International Boulevard, NW
Holiday Inn Express	111 Cone Street, NW
Hyatt Regency	265 Peachtree Street, NE
Ritz-Carlton	181 Peachtree Street
Sheraton Atlanta	165 Courtland Street
W Downtown	45 Ivan Allen Boulevard

Shuttle Bus Routes

The Georgia World Congress Center will operate as the 'hub' of the APA shuttle bus system. All routes will begin and end there. The shuttle will operate during the following days and times:

Hours of Operation

Saturday, May 14, 2016	7:00 a.m. – 5:30 p.m.
Sunday, May 15, 2016	7:00 a.m. – 7:30 p.m.
Monday, May 16, 2016	7:00 a.m. – 7:30 p.m.
Tuesday, May 17, 2016	7:00 a.m. – 5:30 p.m.
Wednesday, May 18, 2016	7:00 a.m. – 5:30 p.m.

Walking distance hotels, NOT on shuttle route:

- ▶ Embassy Suites Centennial Park
- ▶ The Glenn Hotel
- ▶ Hilton Garden Inn
- ▶ Omni

To determine the distance between individual hotels and shuttle bus stops, view the hotel map on page 59.

Shuttle information signs will be posted in the lobby of each shuttle hotel. Check the sign in your hotel lobby for additional information and changes. For questions regarding the shuttle or to make an advance reservation for a wheelchair accessible shuttle, please see the shuttle supervisor at the Georgia World Congress Center during shuttle hours.

ROUTE 1—BLUE

Westin	Curbside on Spring Street
Doubletree by Hilton Downtown	At Westin Peachtree Plaza
Holiday Inn Downtown	At Westin Peachtree Plaza
Holiday Inn Express	At Westin Peachtree Plaza

ROUTE 2—RED

Ritz-Carlton	Across the street on Ellis Street
Courtyard Marriott Downtown	At Ritz-Carlton
Ellis Hotel	At Ritz-Carlton
Sheraton Atlanta	Across the street on Andrew Young International Boulevard

ROUTE 3—GREEN

Marriott Marquis	Across the street on Baker Street at Peachtree Center Avenue
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ROUTE 4—ORANGE

Hilton Atlanta	Across the street on John Portman at Courtland Street
Hyatt Regency	Across the street on Baker Street at Peachtree Street

ROUTE 5—PURPLE

Aloft Hotel	Curbside on Baker Street
W Downtown	Across the street on Spring Street



Registration Information

Meeting Registration Fees

The Standard Registration Fee includes admission to approximately 400 scientific sessions with the opportunity to earn CME credits, admission into the Exhibit Hall, one (1) \$10 Exhibit Hall food voucher and a registration badge with access to the shuttle bus service from official meeting hotels to the Georgia World Congress Center. Additional fees are required for courses.

Gold Registration includes a standard registration (items noted above) **plus** the APA Annual Meeting on Demand. A \$10 U.S. shipping fee or \$45 international shipping fee will be added.

APA Annual Meeting on Demand is a digital library of over 300 hours of educational content presented at the APA Annual Meeting. If you signed up for Gold Registration, you will have access to the APA Annual Meeting on Demand. Sessions will be available online within 24 hours of the live presentation.

APA Member Discount Rates

Your 2016 APA membership dues must be paid to qualify for the member registration rate. You will still be able to register at the member rate; however, your registration will be provisional until your dues are processed. Contact the APA Membership Office at 703-907-7300 or 888-357-7924 with questions regarding your membership status **BEFORE** registering for the meeting.

APA Members Save on Registration

Your 2016 APA membership dues must be paid to qualify for the member registration rate. You will still be able to register at the member rate; however, your registration will be provisional until your dues are processed. Contact the APA Membership Office at 703-907-7300 or 888-357-7924 with questions regarding your membership status **BEFORE** registering for the meeting.

Registration Dates

Early Bird Registration:

APA members: December 1, 2015 – February 4, 2016
Nonmembers: December 15, 2015 – February 4, 2016

Advance Registration:

February 5 – April 14, 2016

Late Advance Registration (online only):

April 15 – May 12, 2016

On-Site Registration:

May 13 – May 18, 2016

Registration deadlines conclude at 11:59 p.m. ET on the final day of the current period. Prices will increase automatically at midnight ET.

How to Register:

Online: Visit psychiatry.org/annualmeeting/registration

Fax and/or mail: To register by fax and/or mail please request a copy of the form by emailing registration@psych.org or calling 703-907-7830. Mailed and faxed registrations are assessed a \$10 registration fee per registrant. Please note, paper registration forms can only be accepted via fax and/or mail. In an effort to adhere to PCI compliant policies, paper forms will not be accepted via email.

The APA shares personal identifying information about Annual Meeting registrants with meeting exhibitors. This includes your name, title and mailing address.

Provisional Registrations

Nonmember Medical Student, Nonmedical Student, Nonmember Advocacy Group Member, Mental Health Chaplain and Nonmember Psychiatric Resident registrations are considered provisional until status verification is received. To qualify for the fee reduction or exemption, a copy of your proper credentials—such as a copy of your valid medical student ID, valid student ID, letter from your program director, business card or letter from the agency stating your role—or a copy of your certification must be received within seven (7) days of your online registration or included with your mailed or faxed registration. Registrations received without proper credentials will be cancelled.

Registration Information (continued)

Registration Rates (Enjoy the benefits of membership—member rates remain the same as 2015!)

	Standard			Gold (With Annual Meeting on Demand)		
APA Member	Early Bird	Advance	Late Advance/ Onsite	Early Bird	Advance	Late Advance/ Onsite
Full Program	\$370	\$420	\$470	\$769	\$819	\$869
Resident-Fellow	\$105	\$145	\$170	\$304	\$344	\$369
One-Day Registrant	\$200	\$230	\$250	\$599	\$629	\$649
Two-Day Registrant	\$325	\$375	\$425	\$724	\$774	\$824
Medical Student	\$0	\$0	\$0	\$199	\$199	\$199
Presenter*	\$280	\$280	\$315	\$679	\$679	\$714
Presenter Daily*	\$100	\$100	\$135	\$499	\$499	\$534
Honorary Fellow**	\$0	\$0	\$0	\$399	\$399	\$399
Nonmember	Early Bird	Advance	Late Advance/ Onsite	Early Bird	Advance	Late Advance/ Onsite
Full Program	\$1010	\$1060	\$1110	\$1409	\$1459	\$1509
Resident***	\$175	\$215	\$240	\$374	\$414	\$439
Nonphysicians, Nonmedical Students, Mental Health Chaplains, Advocacy Group Members***	\$175	\$215	\$240	\$374	\$414	\$439
One-Day Registrant	\$545	\$575	\$595	\$944	\$974	\$1393
Two-Day Registrant	\$960	\$1010	\$1060	\$1359	\$1409	\$1459
Medical Student***	\$0	\$0	\$0	\$199	\$199	\$199
Spouse/Significant Other****	\$215	\$255	\$280	\$614	\$654	\$679
Psychiatrist Presenter*	\$710	\$710	\$775	\$1109	\$1109	\$1174
Psychiatrist Presenter Daily*	\$460	\$460	\$525	\$859	\$859	\$924
Nonpsychiatrist Presenter*	\$0	\$0	\$0	\$399	\$399	\$399

*Presenters will receive a presenter promo code by email once accepted.

**Does not include APA Fellows, Distinguished Fellows, Distinguished Life Fellows or Life Fellows.

***Proper credentials, such as a copy of your valid medical student ID, valid student ID, letter from your program director, business card or letter from the agency stating your role, or a copy of your certification (whichever is applicable), must be received within (7) days of your online registration or included with your mailed or faxed

registration. Registrations received without credentials will be cancelled.

****As a member benefit, only APA members can register a spouse or significant other at this discounted rate. This category is only for a spouse/significant other residing in the same household, is not an APA member and receives mail at the same address. This cannot be used for a colleague, an APA Member, siblings or children.

Only one additional registration is allowed per full-program registrant.

Registration Information (continued)

Course/Master Course Enrollment Rates

There are additional fees for courses. You must first be registered for the Annual Meeting in order to enroll in a course or master course. Daily registrants can only enroll in courses offered on the day registered for the meeting.

APA Member Course	Early Bird	Advance	Late Advance/ Onsite
Half Day (4 hours)	\$165	\$185	\$210
Full Day (6 hours)	\$225	\$260	\$295
Full Day (8 hours)	\$270	\$320	\$340
Master Courses	\$365	\$395	\$425
Nonmember Course	Early Bird	Advance	Late Advance/ Onsite
Half Day (4 hours)	\$190	\$210	\$235
Full Day (6 hours)	\$275	\$310	\$360
Full Day (8 hours)	\$370	\$420	\$440
Master Courses	\$465	\$495	\$525

Payment

The APA only accepts Visa, MasterCard, American Express, money order or a check (in U.S. funds only), payable to the American Psychiatric Association. Registrants wishing to pay by check or money order can do so online or by mailing the completed registration form to American Psychiatric Association, Annual Meeting Registration, P.O. Box 418237, Boston, MA 02241-8237. APA does not accept bank or wire transfers. Registrations will not be processed without proper payment.

Cancellation Fees and Refunds

All registration and/or course cancellation requests must be received in writing by **April 28, 2016**, (see dates below for refund schedule) by the APA Office via fax, 703-907-1097, or email, registration@psych.org. A confirmation will be sent once the request has been processed.

The fee will be refunded in the manner in which it was received. Refund policy and cancellation fees are as follows:

Until March 17, 2016: Full refund

March 18 – April 28, 2016: Refund less cancellation fee equal to 25% of total amount paid

April 29, 2016, and beyond: No refunds

APA Gives Back—Annual Meeting Charity Program

In its seventh year, “APA Gives Back” provides an opportunity for the APA, its members and Annual Meeting attendees to support a community organization in the city where the Annual Meeting is held. Support this year’s program by making a donation to Skyland Trail. Based in Atlanta, Skyland Trail is a nationally-recognized nonprofit mental health treatment organization serving adults ages 18 and older. For 25 years, they have been inspiring people with mental illness to thrive through a holistic program of evidence-based psychiatric treatment, integrated medical care, research and education. For more information, visit www.skylandtrail.org.

Contributions may be made through APA’s registration system for the Annual Meeting by visiting psychiatry.org/annualmeeting. Since its inception in 2010, “APA Gives Back” has donated \$101,347 to local groups where our Annual Meeting has been held.



Group Registration Information

Definition of a Group

Groups are considered to be five (5) or more registrants from the same company.

To Register as a Group

All information must be entered for each registrant, including the registrant's email and mailing address. It is important for group registration representatives to ensure the proper registration category, as the APA will not refund fees for an incorrect registration category. Before registering attendees, contact the APA membership department at 888-357-7924 to confirm membership status.

Registration Dates

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December 15, 2015 – February 4, 2016

Advance Registration:

February 5 – April 14, 2016

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Group Registration Information (continued)

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Until March 17, 2016: Full refund

March 18 – April 28, 2016: Refund less cancellation fee equal to 25% of total amount paid

April 29, 2016 and beyond: No refunds

Confirmation

Group registration representatives using the online portal will be able to send individual confirmations from the group account screen. You must have the individual email address to send confirmations. Registration representatives are responsible for contacting the registrants if not using the registrant's actual email address.

Group Registration Badge Collection

Two (2) weeks before the start of the meeting, group registration representatives will receive an on-site appointment time and location for collecting badges and conference materials. Representatives are responsible for collecting badges and conference materials for all registrants in their group.



American Psychiatric Association
2016 Annual Meeting Preliminary Information Guide
888-35-PSYCH or 703-907-7300
apa@psych.org • psychiatry.org/annualmeeting